A RIGHT GODLY RVLE;

How all faithfull Christians ought to occupie and *exercise themselues in their* dayly prayers.

Luke.22. Matth 26.

Christ teacheth vs in his Gospel
Watch and pray, least yee
into temptation.

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GODLY PRAYERS.

For Munday.

Morning Prayer.

Most loning God and gracious father in Christ, wee thanke thee for that sweete sleepe and comfortable rest, that thou hast giuen vs this night: and forasmuch as thou hast commaunded vs by thy [illegible] word, that no man [illegible] bee idle, but alwaies o[illegible]

pied in vertuous exercises,
euerie man according to his
calling: wee most humblie
beseech thee, that thine eies
may attend vs dayly, and
defend vs, and in sorrowe
succour, cherish, and comfort
vs. And so gouerne (good
Lord) all our counsailes,
studies, and labours, that
wee may spend this day ac-
cording to thy most blessed
ill, without hurting of our
ghbour, yea that
diligently and warily
eschew

eſchew and auoyd all things that ſhould diſpleaſe thée, ſet thée alwayes before our eyes, and liue in thy feare, and euer worke thou ſo in vs, that wee may bee found continent, pure of liuing, temperate, and acceptable before thy diuine Maieſtie, vnto the praiſe of thy moſt holy & bleſſed name, through Ieſu Chriſt our Lord and Sauiour. Amen.

For Tuesday.

Morning Prayer.

SEeing that thou (oh heauenly Father) art that one and alone Almightie God, which art in euerie place, & beholdest the counsailes, deuices and workes, yea the very thoughts of all men, and giuest to euery one according to their deedes: wee humbly beseech thee for Christ Jesus his sake, to giue

giue vs this grace, that for-asmuch as thou hast graciously preserued vs this night past, wee may not spend this day present, nor any other day of our liues, after our owne mindes and pleasure, which is alway euil and wicked, but more earnestly loke vpon and diligently follow thy fatherly will, thy euerlasting counsaile, thy faithfull word and pleasure, which is alwaies good, perfite and holy, and

performe ẏ same w̄ cheare-fulnes, that thy diuine name may alway bee sanctified both now and euermore of vs miserable sinners, thorough thy dearely beloued Son Jesus Christ our Lord and Sauiour. Amen.

For Wednesday.

A Morning prayer.

O Lord Jesus Christ, which art the bright Sun of ẏ world, euer rising, neuer

neuer falling, which w̄ thy wholesome lōke, preseruest, nourishest, and makest toys full all thinges that are in heauen and earth: shine fauourablie, I beseech thée, into my spirite, that the night of sinnes, and mists of errors, being driuen away by thy inward light, I may walke this day, and all the daies of my life without stumbling or offēce: comely as in ỹ day time, being pure frō the works of darknesse.

Graunt

Grant this (O Lord) which liuest & raignest with God the Father in vnitie of the holy Ghost, world without end. Amen.

For Thursday.

Morning Prayer.

O Lord Iesu Christ, to whom & before whom all things are manifest and plaine, which also sufferest not a Sparrow to light on the grounde without thy pro-

prouidence: and which in times past, by thy holy Spirit diddest guide our forefathers Abraham, Isaac and Iacob, in thy pathes and waies, & in a strange countrey didst appoint the same thy blessed Spirit and messenger to bee their guide: Graunt me this day most wretched sinner (whom by thy word thou doest encourage to call vpon thee in all time of neede & necessities) that I may haue the same

thy

thy holie Spirit to direct my pathes and waies this day, that I may walke according to thy godly will and pleasure, to the profite of my neighbour, and glorie of thy name, which liuest and raignest world without end, Amen.

For Friday.

A Morning prayer.

O Mercifull Lord God & heauenly Father, I ren-

render most high laude, praise and thanks vnto thee, for ỳ thou hast preserued me both this night and all the time and daies of my life hetherto vnder thy defence, & hast suffered me to liue vnto this present howre: I beseech thee heartilie that thou wilt vouchsafe to receiue me this day, and the residoue of my whole life from henceforth into thy tuition, ruling and gouerning mee with thy holie Spirite, that

that so all manner of darke-
nes, of misbeliefe, infidelí-
tie, carnall lustes, and affe-
ctions, may bee vtterly chā-
sed & driuen out of my heart,
and that I may be iustified
and saued both body & soule,
through a right and stedfast
faith, and so walke in the
light of thy most godly
truth, to thy glorie & praise,
and to the profit and furthe-
rance of my neighbour,
through Iesus Christ our
Lord and Sauiour. Amen.

For

For Saturday.

Morning Prayer.

O Heauenlie Father, which like a diligent watchman, attendest alwaies vpon thy faithfull people, whether they wake or sleepe, and mightily defendest thē, not only frō Sathan ỹ old enemie of mankind, but also frō al their aduersaries; so that through thy godly power they bee pre-

preserued harmeleſſe: I hũ bly thanke thee, for that it hath pleaſed thy goodneſſe ſo to take care for me thy vn-profitable ſeruãt, this night paſt, that thou haſt both ſafely kept me from all mine enemies, and alſo giuen mee ſweete ſleepe, vnto the great comfort of my bodie. I far-ther entirely beſeech thee moſt merciſull and ſweete father, to ſhewe the like kindneſſe towardes me this day in preſeruing my bodie & ſoule,

Godly prayers.

For Sunday, or the Sabboth.

Morning Prayer.

O Gracious Lord God, and heauenly Father, I humblie beseech thée in Christ so to sanctifie me throughout in body, soule, and spirit, that I may religiously kéep and sanctifie this Sabbath vnto thee, according to thy holy word, not thinking therein mine own thoughts, nor speaking mine owne words, nor doing mine own works, but thinking, speak-

ing and doing that which is agreeable to thy blessed will: Giue me grace, carefully to frequent the publike assemblies of thy Saints, and diligently to profite by all holy exercises there. Graunt me a religious heart to consent to the prayers of the Church, and an attentiue minde, to heare and vnderstand the good things of truth and life, that shalbe deliuered to mee out of thy word. And assist me so further, y when I shal

depart

depart from thy people, I may call mine owne heart to account in the thinges I haue heard, and may confer christianlie with others, for the strengthening of our faith in our hearts, and for a glorious confession of the same with our mouthes, to y euerlasting praise of thy glorious name, and the eternall saluation of our soules, through Iesus Christ thy deare son, & our only mediator and aduocate. So be it.

A generall Morning prayer.

O Almightie God and our moſt mercifull father in Jeſus Chriſt, I confeſſe and acknowledge that I am a miſerable & a wretched ſinner, and haue manifold waies moſt grieuouſly tranſgreſſed thy moſt godly and bleſſed commaundementes, through wicked thoughts, vngodly luſtes, ſin-

sinfull words and dœdes, all my whole life.

In sinne was I conceiued and borne, and there is no goodnesse in mée, insomuch that if thou shouldest enter into thy narrow iudgment with mée, iudging mée according vnto the same, I were not able to suffer or abide it, but must needes perish, and be damned for euer. So little helpe, comfort, or succour is there either in me, or in any other creature

whatsoeuer. Only this is my cõfort, O heauenly father, ỹ thou diddest not spare thy only & dearely beloued Son, but diddest giue him vp vnto the most bitter & most vile and slaunderous death of the Crosse for mee, that so hee might in his obedience pay the ransome for my sinnes, satisfie thy iudgement, still and pacifie thy wrath, recõcile mee vnto thee againe, & purchase mee thy grace and fauour, and euerlãsting life.

Where-

Wherefore through the merites of his moſt bitter death and paſſion, & through his innocent bloudſhedding, I beſeech thee, O heauenly Father, that thou wilt vouchſafe to bee gracious & mercifull vnto mee, to forgiue and pardon me all my ſinnes, to lighten my heart with thy holy Spirit, to renew, confirme and ſtrengthen mee with a right and ſtedfaſt faith, and to enflame mee in loue towardes thee

and

and my neighbour for thy sake, that I may henceforth with a willing and a glad heart walke as it becommeth mee, in the obedience of thy most godly and most blessed Commandements, and so glorifie and praise thée everlastingly, and also that I may with a free conscience, & a quiet spirit in al manner of temptations, afflictions and necessities, and euen in the very pangs of death, boldly & faithfully say:

I

I beleeue in God the Father almighty, maker of heauen and earth. And in Iesus Christ his onely Sonne our Lord, which was conceiued by the holy Ghost, borne of the virgin Mary. Suffered vnder Ponce Pilate. Was crucified, dead, and buried. Hee descended into hell. The third day hee rose againe from the dead. Hee ascended into Heauen, and sitteth on the right hand of God the Father almigh-

tie,

tie, from thence he shal come to iudge the quicke and the dead. I beleeue in the holy Ghost. The holy Catholike Church. The communion of Saints. The forgiuenesse of sinnes. The resurrection of the bodie. And the life euerlasting. Amen.

But (O Lord) heauenly Father, to comfort my selfe in afflictions & temptations, wt assured feeling of these Articles of ỹ Christiã faith it is not in my power: for faith

faith is thy gift. And therefore forasmuch as thou wilt be praied vnto, and called vpon for it, I come vnto thee to pray and beseech thee, both for that & for al my other necessities, bodily and spirituall, euen as thy dearely beloued sonne our Sauiour Christ Iesus himselfe hath taught vs, and from the very bottome of my heart, I cry and say vnto thee.

Our Father, which art in heauē, halowed be thy name.

Thy

Thy kingdome come.
Thy will bee done, in earth as it is in heauen.
Giue vs this day our daillie bread.
And forgiue vs our trespasses, as we forgiue them that trespasse against vs.
And lead vs not into temptation.
But deliuer vs from euill.
For thine is the kingdome, the power, and the glorie, for euer and euer, Amen.

vnto the lappe of thy pitie. For loe thou art my hope and truſt, in whom I onely repoſe my ſelfe, hauing in thee ful confidence and faith, ſo that now I may ſay with a very faithfull heart, truſting in thy mercie: I beléeue in thee, O God the Father, in thee O God the Sonne, and in thee O God the holy Ghoſt, thrée perſons and one true, and alſo verie God, beſides whom I acknowledge none other

God in heauen aboue, nor in earth beneath: And yet I poore sinner cannot but accuse my selfe vnto thee (deare Father) that I haue sore and grieuously offended thy almightie goodnesse and Maiestie, in the committing of mine exceeding grieuous and manifold sins and wickednes. For I haue not kept the least of thy most godly and blessed commaundementes, like as thy righteousnes may require: indéed

indéed doth demãd ỳ same of me, I haue not (I say) honoured thee like my God, dread thée like my Lord, loued thée like my father, nor trusted in thee like my creator & my sauiour. Thy holy and dreadful name, vnto which al glory & honour belongeth, haue I vsed in vaine. I haue not sanctified the Sabboth day with workes which bee acceptable to thée, nor instructed my neighbour in vertue accordingly. I haue not ho-

noured my parents, nor bin obedient vnto thē, through whom (as by an instrumēt) thou hast wrought my comming into this world.

The high powers and rulers, which receiue authoritie of thee, I haue not willingly obeyed. I haue not kept my heart pure and cleane from malice and manslaughter: yea, had not thy grace and mercy defended mee the better, I should haue committed the

verie

verie deede also. I likewise am not pure from theft, nor from aduiterie, nor frō false witnesse bearing, but haue in my heart and mind wished and desired my nighbours goods and thinges: I haue followed the great Prince of this Worlde Sathan, which hath been a lyer from the beginning, in concupiscence of the flesh, in pride of liuing, in deceiptfulnes, in lecherie, in hatred, and also enuie, in backbiting, in

deſpaire, and alſo miſbeléefe. And as I haue abuſed my will & vnderſtanding, which are facultíes and powers of my ſoule: ſo my ſenſes alſo, which thou haſt giuen mee to vſe to thy glorie, and my neighbours good, and mine owne lawfull delight, I haue miſuſed and miſpent, in hearing, ſéeing, ſmelling, taſting, and feeling alſo, things that I ſhould not, or elſe ſuffring thẽ to be too violẽtly caried to things I might haue vſed.

But

But in what manner soeuer that I haue offended and sinned against thy eternall Maiestie, (for no man knoweth throughly his sinnes, as the Prophet witnesseth) whether it hath bẽn by day or else by night, yea euen from my childhood vnto this day, were it in workes, wordes, or thoughts, secretly, or openly, O my mercifull God, I am sorie for it, euen from the very bottome of my heart, yea my soule

mourneth for very sorowe, most mercifull Father, that I am not a thousand times more sorie than I am: howbeit, in token of great repentance, though all hearts bee knowne well enough vnto thée, I doe knocke & strike my breast, and say in bitternesse of heart and soule, Lord GOD the Father, Sonne, and holy Ghost, haue mercie. Spare mee of thine infinite mercie (deare Lord) now and all the daies

of

of my life, & let me bee made partakers of thine abundant grace, in such sort that I may chaunge my sinfull life, and put thou out of mee the olde man, wᵗ al his concupiſences and lustes: graunting mee grace dayly to die vnto the world, and that the world may bée crucified vnto mee and I so dayly goe forward in newnes of life. Strengthen mee O Lord, in a true humble heart, in sound loue, hope, and trust in thée: giue my

my ſoule grace to deſire, in thée onely to reioyce and repoſe my ſelfe, & that I may vtterly renounce and forſake the vaine aſſiſtance of this world, ſo ỹ thou mayſt finde me readie to méete thée in ioy, and the right vſe of al thy gifts, with the good ſeruant in ỹ mid night of death which ſhall ſuddenly ſteale vpon me like a theefe, ere I beware. Be thou to me at that time of neede (O Lord) a tower of ſtrength, a place of

of refuge, and a God to defend mee euery manner of way, and namely against ỳ face of the fœnd, who like a roaring lion will be then ready to deuoure me, & against desperation, which then will be ready to grieue & assault me.

Let thẽ thy comfort cleaue fast vnto mee, thy mercie kéepe mée, and thy grace guide me. Then especially recouer againe Lord God the Father, that which thy

puissant

puissant might hath shapen. Fetch then againe Lord GOD the Sonne, that which thou hast so wisely gouerned, and bought with thy precious blood. Take againe thou Lord God holy Ghost, that which thou hast kept & preserued so louingly in this region of sinne and vale of miserie, three persõs and one very GOD, vnto whom be praise and honour for euer and euer. Amen.

A Pſalme wherein the ſinner deſireth o tbee heard of God.

HOwe long (O Lord) ſhall my mind be preſſed downe with painefull ſorrowes?

How long (O God) wilt thou reiect my prayers which daylie I powre out before thee? wilt thou Lord heare me at no time, or wilt thou now ceaſe to ſhew mercie?

Haſt thou (O Lord) caſt me

me away for euer, and wilt thou neuer hereafter bee pleased with me?

Thy hand is not weakned but it may helpe, and thine eares are not stopped that they should refuse to heare.

I beseech thée (O my God) for Iesus Christes sake to regard ỹ teares that fall: & let the sighings and inward desires of my heart, moue & incline thée to heare mee, I haue bẽn a stubborne & froward childe to thée, I haue not

not feared thee, but haue
bæn euer disobedient & stub-
borne against thee.

I am in prison and bound
in fetters of sorrow, and so
shalbe til thou with thy gra-
cious presence shalt vouch-
safe to visite mee, and bring
me againe to libertie & ioy.

Keepe thy mercie there-
fore for me always, O Lord,
and ỹ couenant which thou
hast made with mee, oh let
it be surely performed.

Keepe mee, Lord, from
sinne,

ſinne, and ſo ſhall I dread neither death nor hell ; and as thou haſt bæn alwayes mercifull to penitent ſinners, ſo now good Lord forgiue me my ſinnes.

Keepe my heart to thee, and then ſhall it reioyce in thy mercie, becauſe thou haſt looked on mee, and haſt regarded my ſoule in my great diſtreſſe.

Let mee neuer hereafter goe away from thy waies, and leaue me not now in the

deepenes of my troubles.

Loe now be the daies of health and grace, now is the accepted time, for in death who remembreth thee O Lord: or in hell who shall praise thee:

Lord beholde therefore my weakneſſe and frailneſſe beſt knowne vnto thee: and looke downe from heauen vpon the ſorrow and heauines of me thy poore creature.

Hallifie my heart (O Lord GOD) that I may

returne to thee, and walke in thy waies: for I haue wandred too long in the way of sinners.

Make a perpetuall league with me that thou wilt put thy feare into my heart, that I neuer swarue from thée againe.

O Lord my prayers be euer vnto thee, let thy anger bee turned from mee, that I may finde fauour in thy sight.

O Lord, looke thou not vpon

vpon ỹ hardnes of my hart, but as thou art a mercifull God, so now bee mercifull vnto me, and forgiue me that wherein I haue offended thée.

A Prayer.

MOst righteous God, and mercifull father in Christ, for thy great mercie sake hearken to these my humble prayers which I make before thée, and con-

der Lorde, the desires and thoughts of my hart. Let my loud cryings come vnto thée, & let mine vnfained prayers enter into thine eares. Heare me (O Lord) for I am destitute of thy helpe. Take care for my soule, saue me thy seruant which wholly trusteth in thee. Haue mercie O Lord, haue mercie vpon me, for I will neuer cease crying vnto thée for thy helpe and mercie. In the day time will I call on thee, and in the

the night my crie shall not be hid from thee.

O thou God of the Heauens, and maker of all creatures, heare me a most wretched sinner, calling on thee, and take away from mee all my sinnes, and make stedfast my faith and confidence in thee, & in thy merciful promises, ỳ I putting my trust in them, may haue, as thou hast promised, euerlasting life, thorough Christ Iesus thy Son our Lord. Amen.

A Pſalme that may bee ſayd.

For Euening Prayer.

COnſider and heare mee (O Lord my God) lighten the eies of my ſoule, that I ſleepe not in death: for if I bee caſt downe, they that trouble me, will reioyce at it.

Defend mee therefore (O God) from the way of the vngodly, and out of ỹ hands of the vnrighteous and cruman, deliuer me.

Euen

Euen in thy feare doe I worship (O Lord) toward thy holy temple: bee mercifull vnto me, and heare the request of my heart.

For happy are they whom thou hearest, and regardest in the needfull time of trouble.

Haue mercy vpon me (O God) haue mercie vpon me: euen as thou hast promised to them that loue thy name.

I will call on thée, O Lord my strength, I

truſt in thée, O thou ground of my ſaluation.

Keepe thy ſeruant therefore (O Lord) from preſumptuous ſins, leſt they get the dominion ouer mee: and ſo ſhall I be vndefiled, & innocent from the great offence.

Let I beſéech thee (O Lord) the words of my mouth, and the meditation of my heart bee alwaies acceptable in thy ſight, O Lord God my ſtrength and my redéemer.

[illegible] my prayers bee ſet forth

forth in thy sight as the incense, and let the lifting vp of my hands be an euening sacrifice.

O Lord graunt mee thy light, that I being deliuered from the darknesse of sinne, may come to the very light which is Christ.

Turne thee vnto mee (O Lord) and shew mee the light of thy countenance.

Yea Lord heare my praier also I beseech thee. And let my crie come vnto thee.

O Lord God, I beſeech thée for Chriſt Ieſus ſake to lighten my darknes, both outward and inward, & of thy great goodneſſe to deliuer me from all the dangers of this night either bodily or ſpirituall, that thou being my ſauiour in watching, and my kéeper in ſleeping, I may wake in Chriſt, and reſt in peace, through thy ſonne Ieſu Chriſt, who liueth and raigneth with thée in vnitie of ỹ holy ghoſt world

world without end. Amen.

O Lord, into thy handes I commend my spirit, for thou hast redeemed mee (O Lord) thou God of truth.

A prayer of a sinner to be sayd dayly before hee goeth about any worldly busines.

O My celestiall Father, be now mercifull vnto mée thy repentant sinfull seruant, fled from mine enemies to thy helpe and succour. Impute not vnto me

my ſinnes for Chriſts ſake, for I haue heard thy Fatherly voyce, and yet it ſoundeth daylie in my eares out of heauen, promiſing mee, and affirming cõſtantly thy ſelfe to be appeaſed, pleaſed, and at one with mee for thy Sonnes ſake, whome thou commandeſt me to heare and beléeue, whom I am ſure is made of thee, my righteouſnes, my ſatisfactiõ, my reconciliation, my peace maker, my mediator & interceſſor, with

with his prayer, my fulfiller of ỳ law, my deliuerer, & my whole holy accõpliſher of all my iuſt deſires, & my Sauior Chriſt Jeſus, God & man, in whoſe name this day I attempt & take in hand all my iuſt doings according to my vocation, for his glory: & my neighbours profit, deſiring thy gracious goodnes moſt merciful Lord and father for thy dearly beloued ſons ſake to proſper it, & to giue it happie encreaſe, & whatſoeuer

I take in hand according to thy will, graunt me grace to finish the same. O holy father, blesse all things I take in hand, with thy blessed increase, and let mee not seeke mine owne will, but euer to pray that thy will be fulfilled in all things, now and for euer. So be it.

Thou maiest, if thou wilt, after this say the Lords Prayer. And so hauing cõmended thy selfe to almighty God, maiest

fall to some honeſt and vertuous exerciſe according to thy calling: but whatſoeuer thou doeſt, doe it with purenes of heart, and with ſinglenes of eie. yea ſo doe it, as though God were preſent and looked vppon thee, as vndoubtedly he doth.

A Prayer.

HEare vs O heauenly King, Father of mercie, our life, our ſweetnes, our hope: for vnto thée doe we crie euen we which are the banished children of Eua, vnto

vnto thee doe we sigh, weeping and wayling in this vale of lamentation: come therefore our aduocate, cast vpon vs those mercifull eyes of thine, and after this our banishment, shew to vs the glorious light in thy heauenly kingdome. O mercifull, O holy, O sweete Sauiour, in all our troubles, and heauinesse, O Iesu our health and glorie, succour vs. Amen.

Another

Another Prayer.

O Jesu Christ the Son of God, our Redæmer, which dejectedst and humbledst thy selfe from that glorious state and shape of thy Godhead, to the shape of our vile servitude, because thou wouldest reconcile vs (being the children of wrath and damnation) to thy father, & so make vs the children of grace: wee beseech thee graunt vs such an excellent measure of thy grace

that wee may euer followe euen thée thy selfe in all blessed obedience, and may euer finde and fæle thée to be our present mediator before our father, for all ghostly giftes, whom wee acknowledge with perfect faith to be our Sauiour, which art the liuing God with the father and the holy Ghost, liuing and raigning without end. Amen.

A Prayer.

O Pitifull Lord God, alwayes shewing thy mercie vpon me a grieuous sinner, I humblie acknowledge the same, yet Lord notwithstanding I cannot but hartily pray thée to heare my prayer: though I haue bin a sinner, I am now thorough thy grace sorie therefore, and purpose by thy goodnes & assistance to take no more pleasure therein,

but am glad and willing to exercise the trueth, and to forsake all vaineglorie. Wherefore therein I humbly pray thée to fortifie mée with thy grace, to withstãd my secret enemie in all my temptations: and to assist mee so, that thy most holy spirit of sapience and vnderstanding, may haue continuall dwelling in mee, direct mee vnto the obedience of thy pleasure and will, that so I may at the last inherite

thine

thine eternall rest.

Another Prayer.

OMnipotent and mercifull God, Father eternall, which doest not despise sinners, bewayling with contrite heart the offences, which they haue committed against thy high Maiestie, wee pray thee by thy grace to drawe vs nere to thee and heare our prayers, and forgiue vs our offences, comfort vs in our afflictions:

flictions: and forgiue Lord them that oppresse vs, and graunt that our ghostly enemie haue no power to deuour vs, as he desireth, but that we strongly withstanding his fraudes and snares to our comfort, may die in the true Catholique faith, and rest with thee eternally our Lord Iesu Christ. Amen.

Sundrie holy petitions to our Sauiour Iesus Christ.

Lord

LOrd Jesu haue mercie on mée, and forgiue mee my great offences, which I haue done in thy sight.

Grant mée grace also for the loue of thée, to despise all sinne, and worldly vanitie. Lord Jesu inable mee to withstand and to ouercome the temptation of sinne, and the malice of my Ghostly enemie, to spend my time in vertue and labour acceptable to thée.

Lord Jesu strengthen me

in soule and bodie, to per-
forme the workes of godly-
nes and vertue, to the glo-
ry and praise of thy name,
and that afterwards I may
come to everlasting joy and
felicitie.

Graunt me a stedfast pur-
pose, mercifull Jesus, to a-
mend my life, and recom-
pence those yeares which I
have mispent, to the displea-
sure of thée, in evil thoughts,
delectations, consentings,
words, workes, and evill
customes.

customes. and also in brea-
king thy lawes: whereby
I haue deserued damnation.
And good Lord inlighten
me so with thy ghostly wise-
dome, that I may knowe
thy goodnes, & those things
which are most acceptable
to thée: and confirme me so
with thy grace, that I may
giue good examples to all
men. Make me profitable
that none be hurt by mee: &
guide me to help those with
good counsaile which haue
offended:

offended thee: make me proceede from vertue to vertue, vntill I shall clearely see thee in thy Maiestie. Let mee not returne to any of my wonted sinnes, specially those sinnes which I haue sorrowed for, and by confession haue iustly accused my selfe of.

Let not the horrible sentence of endlesse death, nor the terrible iudgement of damnation, nor thy wrath, ire, and indignation (mercifull

ciſull Lord) fall vpon mée. But let thy mercie and merits (my Sauiour) euer bée betwæne them and me.

Lord Ieſu graunt mee grace to flie euill company, and when I come among them, for thy paſſion I beſæch thée to preſerue mee, that no occaſion of any eyther mine owne, or their ſin ouercome mée, and ſend mée ghoſtly comfort & ſtrength by ỹ true loue of thy worde, and power of thy ſpirit, ſhed abroade

abroad into my heart. Kéepe my mouth (good Lord) from slaunderous speaking, lying, false witnesse bearing, cursing, swearing, vncharitable chidinges, dissolute laughing & words of vanity, make me, blessed Lord, with child-like reuerẽce to remẽber, that thou presently bearest mee, which of al my words shalt iudge me.

Lord Iesu make me to perseuer in the blessed seruice of thée, in religious exersise, &

all

all holie and vertuous affaires. Lord keepe my soule and bodie, make me flee sinfull delectation, and patiently to suffer iniuries and rebukes, as which my disobedient heart to thee haue deserued more thē all men can inflict or lay vpō me: prouide (good Lord) that state of life for mee, which thou knowest shall most tend to thy honour and my eternall felicitie.

Lord Iesu graunt mee grace

grace at all times, but ſpecially in the time of prayer to fixe my minde on thée, & then alſo effectually to remember my wretchednesse, & faithfully to call for helpe of thée. Yea, good Lord, giue me grace to order my life, and ỹ workes of my body & ſoule with actuall intent to pleaſe thée, that through thy merites and mercie, at the end I may obtaine the reward of thy infinite ioy, and eternall felicitie. Let

the water and bloud which ran from thy blessed heart, bee powerfull to wash my soule from sinne and iniquitie, and to purchase mee abundãce of thy grace, faithfully to serue thée. O my Lord, my might, my life, my light, lead me, fæde me, and spœde me in the pilgrimage of this mortalitie: graunt me (O Lord) by the merits of thy passion, and power of thy most excellent and glorious godhead, whatsoe-

uer

ver thy Wisedome knoweth most expediēt for me, which howsoever in my miserable life I am most unworthy of, yet vouchsafe them vnto me, all the time of my pilgrimage, but specially at the houre of death; when I shall be accused before thée, haue mercie on mee, breake my froward heart, and make it obedient to thée. Preserue me also good Lord, from sodaine and vnprouided death, and of thy owne singular

grace

grace and goodneſſe, graunt mee theſe ſupplications in this prayer, which now I haue made to thée according to thy will. Yea by thine owne mediation, purchaſe for mee, and beſtow vpon mee a holy life, and bleſſed ending, and grant I beſeech thée, after my bodily death, euerlaſting life with endleſſe bliſſe and felicitie, throw thy merites and bitter paſſion: O Lord Jeſu, who with the Father and the ho-

ly Spirit, liuest and raignest euer one God, world without end.

Holy Trinitie one very God, haue mercie on me. Amen.

A deuout prayer to our Lord Iesu Christ.

O My soueraigne Lord Iesu, the very sonne of almightie God, and of the most cleane, and glorious virgin Marie, who sufferedst bitter death for my sake, and all mankind, and diddest rise againe

againe the third day: I beſæch thæ Lord haue mercie vpon me, that am a wretched ſinner, but yet thy creature: and for thy precious paſſion ſaue mee, and kæpe me from al perils bodily and ghoſtly, and ſpecially from all things that might turne to thy diſpleaſure. And with all my heart I thanke thee moſt merciſull Lord, for thy great mercies that thou haſt ſhewed me in the great dangers that I haue bæn in, as

well in my ſoule as in my bo-
dy: and that thy grace and
endleſſe mercie hath euer
kept me, ſpared me, and ſa-
ued me, from the houre of
my birth to this preſent
time. For theſe I ſay, and al
other thy mercies, I humb-
lie thanke thée, Lord Ieſus
Chriſt, further deſiring thée
that thy mercie may pre-
ſerue me alway. And I crie
thée mercie with all my
whole heart, for my great
offences, for my great vn-
kindnes

kindnes, & for all my wret-
ched and sinfull life, and for
this in particular, that I
haue not, or cannot leade my
selfe as becommeth thy ser-
uant. I thanke thée also
with all my heart my most
gracious Lord, for the bene-
fites and graces that thou
hast giuen mee so largely in
this world afore many o-
ther of thy creatures, vpon
whom (if it had bene so thy
good pleasure) thou mightest
a thousand times better

haue bestowed them, than vpon me. But most gracious Lord, I wot and knowledge verily, that it commeth of thée: wherefore with all my heart I thanke thee continually crying and saying: all honour, praise, and glorie bee vnto thée O Iesu, with the Father and the holy Ghost, for euer and euer. Amen.

Another prayer for an householder.

O Lord GOD almighty, most mercifull and heauenly father, thorough Christ I freely confesse, that thou art my life, my soule and my bodie: yea al the good which I haue and all whatsoeuer is mine, hast thou giuen vnto me, & that of thine owne singular grace and goodnes. Now sith of thee I haue receiued it, and in me there is corruption to abuse it, make vpright and order thou (O Lord God of hea-

uen) all that is in my house. And teach mee and mine to handle and guide all these outward things, after thy godlie will, we being thereby more and more prouoked to loue thée, and in thée, and for thée, euery one of vs to profit another. I say vnto thée, I beléeue, Lorde helpe my vnbeléefe. And yet in this weakenes I cannot but intreate thée, not to forsake me, nor my wife, my children, nor any of my household.

holde. Defend vs Lord from sin before thée, from shame in the world, and from sickenes in our selues, according to thy good pleasure. Send vs thy holy Angell to guide and guarde vs, that so wee may be defended in ỹ whole course of our liues, and may be lead forth the right way, so as we may not talke, doe, or thinke any thought against thy holy commaundements and will, but thereafter to liue, worshipping

thée,

thée, and praising thée for e-
uermore, thorough Christ
Iesus our Lord thy onely
welbeloued Sonne. Amen.
Blessed be the Father, the Son
and the holy Ghost. Let vs
praise him and exalt him
world without end. Amen.

An other Prayer.

ALmightie GOD our
heauenly Father in
Iesus Christ: wee vnfeined-
ly confesse before thee that
thy mercie and goodnes to-
wards

wards vs is infinite, and without measure.

It is thy mercie and no goodnes that is in vs or of vs which moued thée to send into the worlde thine onely begotten and eternall Sonne, to take our nature vpon him, and therein to worke the mysterie of our redemption and saluation, as thou hadst appointed, and spoken before by ẏ mouthes of all thy Prophets which were from the beginning.

And

And likewise it was thy blessed will, thy mercie and goodnes towardes vs, that thy heauenly Sonne did suffer persecution, trouble, and aduersitie, was betraied of his owne friend and disciple Judas, traiterously taken & caried awaie, to bée falsly accused, and vniustly condemned, to bee cruelly beaten & scourged, and finally, with most scornefull rebukes, to be put to the most painfull & shamefull death that could

be

bée deuised. All this (O heauenly Father) was done through thy mercy and blessed will for our sakes, & that not only to answere and satisfie thy iust wrath and anger which we had deserued, and dayly doe deserue, both for the offences of our first parents, & our actuall transgressing of thy holy commãdements, but also to restore vs againe to thy grace and fauour, to indue vs with thy heauenly gifts, that wée might

might ſerue thée in holynes and righteouſnes all the dayes of our life: And finally to make vs by the beneſite of thy dearely beloued Sonnes paſſion, and alſo through ỹ price of his moſt precious bloud, partners wt him of his infinite, and vnſpeakeable glory and bliſſe in heauen. Wherefore, O heauenly Father, wee héeſéech thée powre vppon vs thy holy ſpirit and make vs in our hearts clearely to ſée, com-

comfortably to fæle, and most stedfastly to beléeue this thine infinit gracious goodnes, shewed and giuen vnto vs in thine owne sonne our Sauiour Iesus Christ: and with this beliefe make vs to put all our confidence and hope of saluation in him alone, whom thou hast appointed to bee our onely redéemer and Sauiour. Make vs alway readie and able to render vnto thée most humble and heartie thankes, for this

this thine incomprehensible mercy and goodnes towardes vs: finally, so to make vs professe the death of thy dearely beloued Son, that wee renounce and forsake all sinne, yea, that wee may alwaies feele it in our selues, and plainely shew it forth to others, that wee arise with him in newnes of life, in righteousnes, innocencie, and all true holines, & after this life may raigne with him in euerlasting glorie:

rie: heare vs O heauenly Father, for our Lord Iesus Christes sake. Amen.

ALmightie God our heauenly Father, wée beséech thy gracious goodnes now and at all times so to assist vs, that like as thy onely begotten, and deerely beloued sonne our Sauiour Iesus Christ, according to his blessed will, suffered death willingly, and bitter passion for our redemption,

and ſaluation, hauing there-
of foreſight, & perfect know-
ledge: ſo in like maner when
it ſhall pleaſe thée to lay any
croſſe, and afflictions vpon
our backs, that we may both
willinglie vndergoe it, & pa-
tiently beare it, & powerfully
ouercome it, to thy euerlaſt-
ing glorie, other mens ſpirit-
uall benefit, and our owne
endleſſe ſaluation through
Chriſt. Heare vs herein, O
heauēly father, for our Lord
Jeſus Chriſts ſake. Amen.

O Dur Sauiour and re-
deæmer Jesus Christ,
which in thy last Supper
with the Apostles, didst giue
thy blessed bodie & blood un-
der the visible elements of
bread and wine, graunt vs
grace wee beseech thée, euer
stedfastly to beléeue, and sin-
cerely to acknowledge in
this most blessed Sacramẽt
not onely thine infinite and
Almightie power, but also
thine incomprehensible loue
towards vs, yea assist so, that

when we come to the partici-
pation of these blessed my-
steries we may alway worthily receiue the same, according to thy holy ordinances in such sort, as that thereby we may alwaies obtaine strength of faith in the truth of thy promises, & encrease of holines by the vniting of the spirit with thee our head, and by thee and thy spirite, with all the company of them that bee truely thine, which bee thy spiritu-

ſpirituall and myſticall bo-
die, and our ſpirituall, and
Chriſtian brethren.

Herein heare vs O Chriſt
our Sauiour for thy names
ſake. Amen.

ALmighty GOD and
our moſt louing Fa-
ther in Chriſt, whoſe holy
Apoſtle Peter preſuming of
his owne power & ſtrength
did miſerably fall not onely
in the deniall of his maiſter
Chriſt, for feare of an hand-

maſde, but alſo in forſwea-
ring, and curſing himſelfe, if
euer he knew him: grant vs
grace we beſæch thee merci-
ciſull Father, that we neuer
preſume of our own might &
power, but that being in our
own harts humble & lowly,
and acknowledging our in-
firmitie, frailtie, and weake-
nes, we may euer in all our
affaires, receiue at thy hand
outward & inward ſtrenght
& cõfort alſo, and may there-
by bæ inabled vnto the ac-
ceptable

ceptable performance of thy holy and blessed will. Heare vs O heauenly Father, for our Lorde Iesus Christs sake. Amen.

O Our blessed Sauiour Iesus Christ, which in that great heauines of thy soule & intolerable anguish, which thou sustainedst before thy passion, diddest fall down vpō thy face in praier vnto thy heauenly Father, giue vs grace also, & the aide of thy holy spirite, that wee

likewise in all heauinesse of minde, and troubles of this world, may run euermore by most humble and constant prayer, vnto the onely ayd, strength and comfort of thée our heauenly father, heare vs our Sauiour Christ, for thy names sake. Amen.

ALmighty God eternal father, we doe remember that in the condemnation of thy onely and deare-

ly

ly beloued innocent Lambe, our Sautour Jesus Christ, the Judge did sitte, witnesse was brought, Christ himselfe was presented and condemned, and all truth there was troden vnder foote, all vnrighteousnes did raigne, and innocencie condemned. In consideration whereof we cannot but intreat thée, O most gracious Lord and Father, to graunt vnto our heads and rulers such a notable measure of grace and assistance

assistance euen from thine owne selfe, that they may euer in all their iudgements, iudge according to true iustice and equitie, without corruption, partialitie, and wicked dissimulation, and that to the beating down of wickednes and sinne, and to the maintenance of thine euerlasting truth, iustice, honour and glorie. Heare vs our heauenly Father, for our Lord Iesus Christs sake. Amen.

Godly Prayers:
A prayer for trust in God.

O Most gracious & most wise guide, and our almightie Sauiour Iesus Christ, who doest lead them the right way to immortall blessednes, which truly and vnfainedly trusting in thee, commit themselues to thée, grant vs grace we pray thée, not only to sée this, that we be blinde and fœble indeede, but also that we may so take and repute our selues: that so

ſo wee may not preſume of our ſelues, to ſée to our ſelues, but may alwaies wholie commit our ſelues vnto thee, to bee guyded by thee, and from thee may bee inabled ſo far to ſée, that alway wee may haue thée before our eies, to follow thee being our guide, to be ready at thy call moſt obedientlỹ, and to commit our ſelues wholy vnto thée, that thou which onely knoweſt the way, and art alone the

way indéed mayest lead vs the same way to all heauenly desires. To thée with the Father and the holy Ghost, be glory for euer. Amen.

A prayer of any captiue, according to the forme of Dauid, when he was hid in the caue.

WIth my voyce I cric to thée, afore thee I open my lamentations, in thy bosome I disclose

close the secret words of my heart, my dolours and griefs I shew vnto thee, my heart is almost like to burst, so great is my discomfiture. Thou knowest all my fashions (O Lord) and thou seest well enough how ỹ vngodly haue laid their snares for me.

Loe, I cast mine eyes on this side & that side, as well on my friends as kinsfolkes: but all is in vaine, none of them all helpeth me. And againe, I cannot run away, I am

am so laden and ouercharged with yrons. O Lord my maker, and father, vnto thee I crie, thou art mine onely shot-anker, defence & helpe. Thou art my portion & heritage in all countries, yea, I haue none other possession but thee onely. To thee therefore I sticke altogether, knowing certainly that nothing can goe amisse with mee, when I am vnder the shadowe of thy wings, and thou guidest me.

Const-

Consider then my lamentable complaint, behold howe I am lowe brought by the cruell pursuers, which bee much more of power than I am, defend me, deliuer me from all this prison, & horrible feare of sinne & death, ỳ I may set out thy name. This once obtained, the godly folke shall flocke about me, and shall not stint to giue thee thankes, when they see that thou riddest me forth of these daungers to the high

high praise of thy name.

Lord bee mercifull vnto vs, take part with vs, then we shall for euer lift vp and magnify thy glorious name Amen.

A prayer for patience in trouble.

HOw hast thou O Lord humbled and plucked me downe: I dare now vnneath make my prayers vnto thee, for thou art angrie with me, but not without

my deseruing. Certainely I haue sinned, Lord I will cõfesse it, I will not deny it. But O god pardõ my trespasses, release my debts, make me to feele again, and ỹ effectually & continually also thy grace within me, stop my wounds for I am all to plagued and beaten, yet Lord this notwithstanding, I do abide patiently, and giue my attendãce on thee, cõtinually waiting for helpe at thy hands, & that, not without som knowledge

ledge & beleefe of thy truth, for I haue receiued a token of thy fauour and grace towardes mée, I meane thy word of promise concerning Christ, who for me was offered on the Crosse, for a ransome, sacrifice, and price for my sins. Wherfore according to that thy promise, defend mee Lord by thy right hand, and giue a gracious eare to my requestes, bee thou my stay in perils, for all mens stayes are but

vaine. Beate downe therefore my enemies, thine owne selfe with thy power, which art mine onely ayd and protector, O Lord God almighty. Amen.

The humble confession of Iob in his most grieuous aduersitie, and losse of goods, children and all. Iob. 1.

NAked I came out of my Mothers wombe, and naked shall I returne againe: the Lord gaue, and the

the Lord hath taken away, as it hath pleased the Lord, so is it done: now blessed be ỹ name of the Lord. Amen.

In great trouble of conscience. Psal. 143.

LOrd heare my prayer, receiue my supplication, hearken to my plaint for thy righteousnes.

Trie not the law with thy seruants, for truly then shal no liuing man be found vnguiltie, yea, not one of ỹ

saints should escape quit at the bar, vnlesse thou graunt him thy gracious pardon, in so much as the very starres be not pure and faultles before thée, in the Angels thou foundest sin. O Lord mine enemies grieuously hunt my soule; they beate & driue it downe, they thrust it into darke dungeons, where fellõs (conuict and condemned to death) were wont to be kept, my spirit is sorowfull, my heart is heauy & sad

within my breast, to thée I hold vp my hands, requiring thee of mercie. For like as the dry ground longeth for a shower of raine, so my soule thirsteth long til it hath thy help and succour, heare mee therefore spéedily: if thou do not, I am in despaire, my spirit is all weary of this bondage. I haue bidden my life fare well. Wherefore (O God) hyde not thy face that I bee not likened to those that be hurled into the pit

of damnation : after this night of miſerie ouerpaſſed, let the pleaſant mozning of comfozt gractouſly ſhine vppon mee, that betimes I may heare and fæle thy goodnes, fo2 in thée is al my truſt : point me the way that I ſhall walke in, fo2 if thou bee not my guide, I muſt nédes wander and ſtray out of the way.

To thée (Lo2d) I lift vp my ſoule, and that with all mine heart. I beſéech thée take

take mee foorth of mine enemies handes.

Thou onely art my succour and sauegard, teach me to worke whatsoeuer shall be thy pleasure, for thou art my God, let thy good spirite conduct mee into the land of the liuing, raise vp my spirite within mee: for thy names sake bring me foorth of all these troubles, for thy righteousnes deliuer mee: destroy mine enemies as thou art gracious & fauourable

rable towards me.

Those that will worke me any sorrow or griefe, pluck forth of the way, for I am thy seruãt, for thy sake suffer I al this burly burly. As thou art God almighty and most mercifull, so helpe thou me, thy vnworthy seruant, who stand in neede of al supportation from thee.

A prayer in aduersity.

O Lord God, without whose will and plea-

sure

lure, a sparrow doth not fall on the ground, seeing it is thy will and blessed ordinãce that I should be in this miserie and aduersitie, seeing also thou dost punish mee with aduersitie, not to destroy and cast me away, but to call me to repentance and saue me: for whom thou dost loue, him dost thou chasten. Furthermore, seeing affliction & aduersitie worketh patiẽce, & who so pattẽtly beareth tribulatiõ, is made like vnto

vnto our Sauiour Christ our head. Finally, seeing that in all trubulation and aduersitie, wee are in assurance of comfort at thy gracious hands, for thou commandest mee to call vpon thee in ỳ time of tribulation hast promised to heare and succour me: graunt me therfore (O almighty God) and mercifull father, in al trouble and aduersitie generally, and euen in this particularlie to bee quiet without

discouragement, and patient without distrustfulnes, that so I may haue grace to praise and magnifie thée and to put my whole trust and confidence in thee: because thou neuer forsakest them that trust in thee: but worke all for the best to them that loue thee, and seeke the glorie of thy name. To thee be glorie for euer. Amen.

A thanksgiuing, and prayer also to be vsed, in the time of prosperitie.

I Giue thankes vnto thee (O God almighty) which not onely hast endued mee, with the giftes of nature, as reason, power and strength, but also hast plenteously giuen me the substance of this worlde. I acknowledge (O Lord) that these are thy giftes, and confesse with the holy Apostle Saint James that there is no perfect nor good

good gift but it commeth frō thee (O Father of light) which giuest freely, and casteſt no man in the teeth: yea I further in particular acknowledge with the Prophet Aggeus, that gold and siluer is thine, and to whom it pleaſeth thee thou giueſt it, to ỹ godly, ỹ they may be thy diſpoſers & diſtributers thereof, and to the vngodly to heape vp their damnation withall. Wherefore ſith I feele in mine owne heart an incli-

inclination, to abuſe theſe as other good things, I cannot but humblie beſeech and deſire thée moſt mercifull God, and louing father to frame in mee with thy holy ſpirite a faithfull heart, and ready hand to diſtribute theſe thy gifts according to thy pleaſure, that ſo I may not lay vp treaſure here, where théeues may rob, and moathes corrupt, but may lay vp treaſure in thy heauenly kingdome, where neither

ther théeues may ſteale, nor moathes corrupt, and that onely to mine owne comfort, whom of thy mercie thou haſt promiſed to reward, therefore neither yet alone to the good example of the humble and meeke of thy congregation, but alſo to the glorie of thy name, to whom bee all honor and praiſe world without ende. Amen.

The prayer of Manasses King of Iuda.

O Lord almightie, God of our fathers Abraham, Isaac, and Iacob, and of the iust seede of them: which hast made heauen and earth, with all the ornaments thereof, which hast ordained the sea by the word of thy commaundement, which hast shut vppe the deepe, and hast sealed it, for thy fearefull and laudable name dreaded of all men, and

and honorable before the face of thy power, the fierie anger of thy threatning is aboue all measure heauie to sinners, but the mercie of thy promise is great and vnsearchable, for thou art the Lord God most high aboue all the earth, long suffering, and exceeding mercifull, and sorie for the malice of men, I haue prouoked thine anger, and haue done euill before thee, in committing abominations, and

multiplying of offences. And now I bowe the knées of my heart, requiring goodnes of thee: O Lord I haue sinned, Lord, I haue sinned, and knowe my wickednesse, I desire thee by prayer, O Lord, forgiue mee, O Lord, forgiue me, and destroy me not with mine iniquities, neither doe thou alwayes remember my euils, to punish them: but saue me (which am vnworthie) after thy great mercie, and I will praise

praise thee euerlastingly, all the dayes of my life: for all the power of heauen prayseth thee, and vnto thee belongeth all glorie, world without ende. Amen.

A prayer of Ieremy.

Iere. 17.

HEale me (O Lord) and I shall be whole, saue thou me, and I shall bee saued: for thou art my praise. Be not thou terrible vnto me (O Lord) for thou art he in whom I hope. When I

am in perill, let my persecutors be confounded, but not me. Thou shalt bring vpon them the time of their plague, and shalt destroy them right soone. Amen.

A prayer of Ephraim or Israel in the Prophet Ieremie. Ierem. 31.

O Lord, thou hast chastened me, and thy chastening haue I receiued as an vntamed calfe, conuert thou me, and I shall be conuerted, for thou art my Lord God:

God: for as soone as thou diddest turne me, I repented my selfe: and when I vnderstood, I smote vpon my thigh, I confessed and was ashamed, because I suffered the reproach of my youth.

The prayer of Iesus the sonne of Sirach, in necessitie, and for wisedome. Eccles. the last chap.

I Thanke thee (O Lorde and King) and praise thee O God my Sauiour, I will yeeld praises vnto thy name.

Thou hast deliuered my bo-
dy from destruction, for thou
art my defender and helper,
from the snare of the false
tongue, and from them that
are occupied in lyes. Thou
hast bene my helper from
such as rose against me, and
hast deliuered me according
to thy great mercie, and thy
holy names sake: thou hast
deliuered mee from the roa-
ring of them that prepared
themselues to deuoure me,
out of the hands of such as
sought

sought after my life, from the multitude of them that trouble me, and went about to set fire vpon me on euerie side, so that I was not brent in the middest of the fire. From the deepe of hell thou deliueredst mee, from the vncleane tongue, from lying words, from the wicked iudge, and from the vnrighteous tongue. My soule shall praise the Lord vnto the death, for my life drew neere vnto hel downeward, they

they compassed mee round about on euery side, and there was no man to helpe mee: I looked about mee if there were any man that would succour mee, and there was none. Then thought I vpon thy mercie (O Lord) and vpon the acts that thou hast done of olde, namely, that thou deliuerest such as put their trust in thee, and riddest them out of the handes of the false Paynimes. Thus lifted I vp my prayer from the

the earth, and prayed for deliuerance from death, I called vpon the Lord my Father, that hée would not leaue mee without help in the day of my trouble, and in the time of the proude. I will praise thy name continually, yéelding honour and thankes vnto it, and so my prayer was heard. Thou sauedst me from destruction and deliueredst me from the vnrighteous time. Therefore will I acknowledge and

and praise thee, and magnifie the name of the Lord.

When I was but young ere euer I went astray, I desired wisedome openly in prayer. I came therefore before the temple and sought it very busily, and I will seeke for it to my last houre. Then will it flourish vnto me as a grape that is soone ripe. My heart reioyced in it, then went my foote the right way: yea, from my youth vp, sought I after it,

I bowed downe mine eare a little and receiued it; I found in my selfe much wisdome, and prospered greatly in it.

Therefore will I giue the glorie vnto him that giueth me wisedome, for I am aduised to doe thereafter. I will be iealous to cleaue vnto that that is good, so shal I not be confounded. My soule hath wrestled with it, I lifted vp my hands on high, then was my soule lightened

ned through wisdome, that I acknowledged my foolishnes: I ordered my soule after it, I found her in cleanenesse, I had my heart in it from the beginning, and therefore shall not I be forsaken. My hart longeth after it, and therefore I got a good treasure. Through it the Lord hath given mee a new tongne, wherewith I will praise him: Oh come vnto me yee vnlearned, and dwell in the house of discipline,

pline, withdraw not your selues from it, but commune on these things, for your soules are very thirstie. I opened my mouth and spake, O come and buy wisdome without money, and bowe downe your necke vnder her yoke, and let your soule receiue discipline, it is euen at hand, and readie to be found. Behold with your eyes, how I haue had but little labour, and yet haue much rest. Oh receiue wisedome,

dome, and you shall receiue plentie of siluer and golde in your possession: let your minde reioyce in her mercie, and be not ashamed of her praise, worke your worke betimes, and shee shall giue you your reward in due time.

A prayer to our Lord Iesus Christ.

MOst mercifull Lorde Iesus Christ, which wast sent from the most highest tower of the father almightie

almightie, into this world to relieue sinners, to gather together them that were scattered abroade, to redeeme them which were punished, to lose them that were in prison, to their countrie againe, to heale them that were sore, to comfort them that were wayling and sorrowful. Vouchsafe I beseech thée of thy singular goodnes to comfort mee in the punishment that I am in. And thou

Lord Jesu Christ, that didest restore mankind in peace and concord, to the high inheritance of Paradize, whom thou boughtest with thy precious bloud, and diddest make peace betwéene God & men, vouchsafe to assure euen thy singular mercie towards me, & cause me to fæle reconciliation betwæne me and mine enemies, and vouchsafe to shew thy glorie vpon mee, and to quench the anger of them

them al, and put away from me their hatred, and ceaſe the malice that they beare againſt mee, and as thou diddeſt not onelie allaſe Eſau his malice againſt his brother Jacob, but alſo diddeſt deliuer Jacob from the ſame: ſo aſſwage the rage of my enemies, and deliuer me with thine almightie power, from them that owe mee malice, and from their laying await and deſires, as thou diddeſt deliuer

Abraham from the hands of the Chaldées, and Ioseph from the hands of his brethren: Lot, from the citie of Sodome: thy seruants Moses and Aaron, from the power of Pharao, and from the bondage of Egypt: King Dauid from the power of Saul, and Goliah the Giant: Daniel from the den of lions: the three children from the fornace of flaming fire: Peter from bands. Euen so vouchsafe to deliuer

uer me thy ſeruant from all troubles and anguiſhes, in which preſently I am: yea deliuer mee from all my ſinnes, which haue pulled downe vpon mee all theſe myſteries, and free me from the laying awaite, and from the deſires of all mine enemies viſible, and inuiſible. And thou Lord Ieſus Chriſt of thy ſingular goodnes, didſt ſaue that which the olde ſerpent did hurt, and deſtroy by ſuggeſtions and

wicked councell vouchsafe mee such a notable measure of thy grace and defence that I may auoyde from the diuelliſh counſell which mine enemies haue done & would doe againſt mee: and fruſtrate and auoyde all their euill counſailes, as thou didſt ouerthrowe the counſels of Achitophell, which gaue counſell to Abſolon againſt his father Dauid: Amen.

A fruitfull meditation not to bee ſayde with the mouth lightlie, but to be cried with heart, and minde, oft and mightilie.

O Moſt excellent goodnes, withdrawe not thou thy mercie from mee, O moſt mightie maker, deſpiſe not mee, which am the worke that thine own hands haue made. O moſt prudent redæmer, ſuffer not to periſh that which thou haſt

bought with so deare a price O most holy and heauenly host and guest, both purifie, saue, dresse, and keepe thy house, and dwelling place, the which thou hast sanctified and dedicated to thy selfe, by thy word and spirit.

When shall I loue thee? when shall I bee sorie and contrite for my sins? when shall I turne to thee by grace? when shall I remember thy benefits, thy

mœknes

méekneſs, thy pouertie, and thy painfull and bitter paſſion, thy patience, thy obedience, thy loue and thy charitie? when ſhall I ſanctifie, worſhip, magnifie, and loue thée? If thou be moſt dreadful, where is my dread O Ieſus Chriſt? If thou bee a moſt louing father, where is my loue? If thou be my Lord, and redeemer, where is my ſeruice? If thou be mine hoſt, and dwel in my ſoule by thy grace and

mercie,

mercie, where is my holines and cleannesse, according to such an host? Now therefore good Lord Iesus Christ, drawe my hart after thée, with the sound loue and féeling of thy sufferings, moysten my mind with thy most precious bloud, that whithersoeuer I turne me, I may behold about me and féele within me the merites of thy death, that thus beholding thée, I may not with delight fixe my sight in any

thing

thing but only in thée, which liuest and raignest God, world without end. Amen.

A godly and deuout prayer.

GRaunt mee mercifull Lorde God to desire feruently, to search wisely, to knowe truly, to performe effectually all things that thou hast giuen mee in charge, by thy holy word: and giue mee grace to doe them simply and onely, for the

the glorie and lawde of thy holy name, good Lord direct and order the state and maner of my liuing. And all things thou wouldest I should doe, grant (I beseech thee) that I may know it, will it, and haue power to doe it, and giue me grace to execute it, as I should doe and as it is expedient for thy glorie, and the comfort of my soule. My way towards thee, let it be faire, right, and well performed, not

not fayling, nor wauering betwixt prosperitie, and aduersitie, but guide me so good Lord that in prosperitie I may continually and vnfainedly giue thée thankes, and may bee inabled by thée to hold patience in aduersitie; in all estates so carrying my selfe that I bee not exalted in any pride, when prosperitie aboundeth, neither in the dayes of danger and distresse be depressed by any dejection or heauines of

minde

minde aboue that is meete. Let mee inwardly ioy in nothing but in that, that seruеth and promoteth vnto thée: neither suffer me to be sorie for any thing but that, that leadeth and withdraweth from thée: let me couet to please no man but in thée, nor feare to displease any for thy sake, but onely thée: let all transitorie things be vile vnto me, good Lord, for thy sake, and all things that belong to thee, let them bee

daintie

dain'tie and deare vnto mee, and thou good Lord God moſt deare of all other. Let mee bee wearie of that ioy that is without thee, and al reſt and quiet that is not in thee, let it bee tedious and painfull vnto me: grant me moſt to addreſſe and direct my hart to thée, and when I doe amiſſe, giue me grace to know and conſider it, yea worke in mee for it a godly ſorrowe with a full purpoſe and intent of amendment

of

of life. Make me now sweet Lord Jesu, méeke without any fayning, glad and chéerfull without dissolutenes, sorrie without excessiue beauines or distrust, sad and sober without hypocrisie, quiet, and merry without lightnes, trusting in thée without presumption readie alwayes to tell my neighbour his fault without neglect of mine owne, and without dissimulation and feare, as in regard of him,

him, labouring alwayes in charitie to edifie him in word and deede.

Make me obedient without contradiction, patient without murmuring, content with mine owne without courtousnesse. Giue me (most louing Father and God) a waking, and a diligent heart, that no vaine or vncleane cogitation withwrawe it from thée: giue me a noble heart that no vnworthie affection plucke it

downewardes to earthly things, giue me a firme and constant heart alwayes labouring to breake, or ouercome euill: giue mee a free heart, yea, a heart of such libertie, ỳ no wicked thought, or euill thing, hold it at any time in bondage or slauerie. Grant to me my sweet Lord God, vnderstanding, that I may know thée, diligence, ỳ I may seeke thée, wisoome ỳ I may find thée, conuersatiõ, that I may please thée, long per-

perſeuerance, that truſtily I may abide for thée, and ſure hope, that finally I may embrace thée. Grant ỳ I be not here ſo afflicted with paines, and torments in the way of this life, ỳ I ſhould any maner of way be drawen from thee: but ſo Lord let mee haue the vſe of thy benefits here by grace, that alſo I may haue fruition of thy ioyes and rewards in thy heauenly kingdome & euerlaſting glorie, thorow Ie-

Iesus Christ. Amen.

A godly prayer to desire the life to come.

THis my body is the verie darke and filthie prison of my soule, this world is an exile and a banishment, this life is care and miserie. But where thou art O Lord, there is the very countrey and kingdome of libertie and everlasting blessednesse: stirre our mindes therefore continually

tinually to remember so great felicitie: powre into our hearts a desire of such precious things, and of all things most to bee desired. Giue quickines vnto our minde, and grant that euen in this life wee may haue a good taste of euerlasting ioyes, whereby these things of the world may seeme filthie and be loathsome vnto vs. And howsoeuer we doe now too earnestly and too greedily seeke for thē, yea ac-

count them as if it were our ſtrong rocke, yet giue vs grace in reſpect of thée and eternall bleſſednes to refuſe and deſpiſe theſe bitter and filthie things, and moſt feruently to deſire the ſwéetnes of thy familiaritie, in the which all goodneſſe is contained. To thée be honour and glorie for euer. Amen.

A thankes giuing, and also an interceſſion and prayer vnto our Sauiour Ieſus Chriſt.

O Moſt mercifull Ieſu, my ſweet ſauiour, and moſt gratious Lord God, I thanke thee hartily for that thou haſt created and made me of nought, & for thy manifold benefits and graces that thou haſt giuen vnto me here in this world before many other, not onely

preseruing me from vile and loathsome sickenesse, from shame, and many grieuous daungers besides, but also giuing to me most vnworthie, many great and irrecompensible, yea and incomprehensible gifts also. All which gifts, most sweete Iesus, I know full well, and meekely acknowledge to come of thy goodnes only, and nothing of my deseruing, nay, indeede without yea contrarie to my deserts.

Where

Wherefore most mightie Lord God my creator, my redéemer, and most mercifull Sauiour Iesus Christ, which when wee were lost, boughtest and redéemedst vs againe with thy owne most precious bloud, haue mercie on mee most vnworthie wretch, which haue committed, and done many great sinnes and trespasses against thy mercifull goodnesse, and haue mispent thy gifts of grace, that thou so louingly

louingly and bountifully diddest giue to me, and I for my part haue so vnkindly behaued my selfe to thée, that surely I am much vnworthie to bee called thy sonne: yet most benigne Iesu, thou art so bountifull of thy mercy and pittie, that notwithstanding mine vnkindnes towards thee, yet thou wilt still haue mercie, and during my life, wilt also I hope assist me to put all my whole trust and confidence

dence in thy mercy. O Lord thou commandest (I wot) to cry and call vpon thee, that thou thereby mightest haue occasion to giue vnto vs thy most gracious gifts. Wherefore most glorious Iesu, which forsakest no sinner, but gladly receiuest to thy mercie all them that will meekely call for it: giue me euer grace in earnestnes and feruencie of heart to call vpon thee for thy goodnesse. And assist me so, that I may

continually dread thee, loue thee, and serue thee with all my heart and minde, with all my will and reason, with all my might, power, and strength of body and soule, and graunt mee grace good Lord, that of all my acts and deedes done to thy will and pleasure, I may render all the honor and praise vnto thee, as to whom alone of verie dutie it belongeth: And further I beseech thee (gracious Lord) of thine infinit

finit mercie, that all my mis-
pent life in times past may
bee forgotten before thee,
which I cannot but confesse
that I haue consumed and
spent very euill, and yet I
pray thee pardon and passe
by it for Iesus Christ sake,
assisting me to walke in bet-
ter courses euer hereafter:
yea worke in me the gift of
good perseuerance in ver-
tuous liuing, that I may
now from henceforth order
my life here in this world

to

to thy pleasure. Also (my swéete Sauiour) graunt me not onely time and space heere to repent, before I depart out of this world, but also that I may truly repent, and that so, I may be assured that I am thy seruant to the comfort and saluation of my sinfull soule. And (most mercifull Iesu) I humbly pray thee to preserue mee from sodaine death, and so to stand by me, at my departing, out of this

this transitorie world, that I may not onely haue a stayed memorie and fruitfull vtterance, but also may bee indued with stedfast faith, very true hope, and feruent charitie: and most sweete Lord Iesu Christ, giue me now whilest I liue, thy mercifull ayde, and grace to pursue and followe alwayes thy will and commandements, and so to eschew mine owne fraile will and wicked desires, and the diuels

diuels false inticements, that in thy sight I may appeare and be found to be (as I am named) thy sonne, and a true Christian man, and after this present life I may come to the sight of thy most glorious face in heauen. Amen.

We worship thee Christ, with praise and benediction, for thou redeemest the world through thy passion.

Another Prayer vnto our Saviour Iesus Christ.

O Maker of heauen and earth, King of Kings, and Lord of Lords, which of nothing in comparison diddest make mee to thy image and likenes, and diddest redeeme me with thine owne precious blood, whom I a sinner, am not worthie to name, neither call vpon, neither with my heart to thinke vpon: humbly I de-

ſire thée, and méekly I pray thée, that graciouſly thou wouldeſt behold mee thy wicked ſeruant, and haue mercie on me, which haddeſt mercie on the woman of Canaan, and Mary Magdalen, which diddeſt forgiue the Publicane, and the théefe hanging on the Croſſe, vnto thee I confeſſe (moſt holy father) my ſins, which (if I would) I cannot hide from thee, becauſe all things are naked before

thée

thee, with whom I haue to deale: haue mercie therfore on mee, Lord Iesu Christ, for I a wretch haue sore offended thee, in pride, in couetousnes, in gluttonie, in lecherie, in vaine glorie in hatred, in enuie, in adulterie, in theft, in lying, in backbiting, in sporting, in dissolute and wanton laughing, in idle words, in hearing, in tasting, in touching, in thinking, in sleeping, in working, yea euery

manner of way, in which I (fraile man and moſt wretched ſinner) might ſin. My default, my moſt grieuous default, I vnfainedly confeſſe before thee, and doe humbly pray and beſeech thee, which for my health deſcendedſt from heauen, to haue mercie vpon me miſerable wretch that I am. And as thou diddeſt forgiue Peter that did forſake thee. So vouchſafe graciouſly to pardon and paſſe by my grieuous

grieuous iniquities. Thou art my creator and my helper, my maker, my redéemer and gouernour, my father, my Lord, my God, and my King. Thou art my hope, my trust, my gouernour, my helpe, my strength, my defence, my redemption, my life, my health, and my resurrection, thou art my stedfastnes, my refuge or succour, my light and my helpe. Therefore I most humbly and hertily desire

and pray thée helpe me, defend mee, make me ſtrong and comfort me, make mee ſtedfaſt, make me ioyful and cheareful, giue me light and viſite me, reuiue me againe which am dead: for I am thy making and thy worke (O Lord) therefore deſpiſe me not, I am thy ſeruant I confeſſe it and thy bondmã: although euil, although vnworthy and a ſinner. But whatſo euer I am, whether I be good or bad, I am euer thine.

thine. Therfore to whō shal I flée except I flée vnto thée. If thou cast me off, who shal or will receiue me? If thou despise mee, & turne thy face frō me, who shall looke vpon me? therefore recognise and knowledge mee, for thine owne, although vnworthie, cōming to thée, yea although I be vile and vncleane? For though I be vile & vncleane, yet ỹ canst make me cleane. Though I bee sicke, thou canst heale me. Though I

bee dead and buried, thou canst reuiue mee. For thy mercie is much more then mine iniquitie. Thou canst forgiue me more then I can offend. Therefore (O Lord) do not consider nor haue respect to ỳ number of my sins and to ỳ grieuousnes therof, but according to the greatnes of thy mercie, forgiue mee, and haue mercie on me most wretched sinner. Say vnto my soule, I am thy saluation, and the rather speak

this

this again because thou hast said and alwayes performed it, I will not the death of a sinner, but rather that hee line and bee converted, and turne to me. O Lord, be not angrie with me, I pray thee most meeke father, for thy great mercie sake: yea I most humbly beseech thee, that thou wouldest for Christ Jesus sake vouchsafe to bring me to blisse that neuer shall cease. Amen.

An-

Another Prayer.

O Bountifull Jesu, O sweete Jesu, O Jesu, the sonne of the pure Virgin Mary, full of mercie and truth, after thy great mercy haue pittie on mee. I pray thee by the same precious bloud, which for vs miserable sinners thou wast content to shed on the altar of the crosse, that thou wilt vouchsafe cleane to remoue and take away all my wickednes,

kednes, and not to despise mee, I humbly requiring this, and that in, and for thy most holy and blessed name, O Lord Jesus. This name of thine, Jesus, is the name of health: what is Jesus, but a Saviour? O my Saviour Jesus Christ that hast created and redeemed me with thy precious blood, suffer me not to be damned, whom thou hast made of naught, and whom thou hast redeemed with a most precious ransome

ransome. Oh let not my wickednesse destroy, that thy almightie goodnes hath made and formed. Lord Jesu reknowledge, that which is thine indeed, and wipe cleane away that which withdrawety or withholdeth me from thee. Now and in all time of mercie haue mercie one mee and confound not me in the time of thy terrible iudgemēt. And though I wretched sinner for my most grieuous offences,

fences, haue by thy very iuſtice deſerued eternall paine, yet I doe appeale from that exact righteouſneſſe of thine, to thy ſingular goodneſſe, and ſtedfaſtly truſt in thine vnſpeakeable mercie: wherefore I pray thée, as a louing father and mercifull Lord to take pittie on me. Lord Jeſu, what profit is my bloud, ſeeing I muſt deſcend into eternall corruption eternally? They that bee dead ſhall not magnifie

nifie thee, nor likewise all they that go to hell. O most mercifull Iesu, haue mercie on me therefore, and deliuer me, yea, be alwayes comfortable vnto mè and accept me a wretched sinner into the number of them that shall be saued. And sith thou art the health of all them that trust in thee, and thou hast giuen grace in some measure to beléeue, haue mercie on me: endue me with thy grace, wisedome, charitie, chastitie,

chastitie, and humilitie: yea and in all mine aduersities vphold me with stedfast patience, so that I may sincerely loue thee, and in thee waite and looke to be glorified, and haue mine onely delight in thee, world without end. Amen.

Another Prayer.

O Glorious King, which among thy Saints art praised, and neuertheles incomparable, thou art in

vs Lord, and thy name hath bæne called vpon by vs. Therefore doe not forsake vs Lord God, and in the day of iudgement vouchsafe to glorifie vs among thy saints and elect. O blessed King. Amen.

If thou be sicke, or in tribulation, say thus.

LOrd God which doest punnish and scourge thy people, not after their deserving, neither yet to destroy

ſtroy them, but to conuert them mercifully to thée: and yet notwithſtanding knoweſt, that thorough our frailties, wee are readie in the middeſt of thy corrections to fall away, graunt vs we pray thée, and that for Jeſus Chriſts ſake, the ſtrength and comfort of thy bleſſed ſpirit, that to the glorie of thy name, other mens good, and our owne conſolation, wee may both patiently beare, and gracionſly

ously profit by, and at the last bee mightily deliuered from this maladie, which worthily wee doe suffer, as the chastisement of our sinne, and the time of faith. Amen.

A very godly and necessarie prayer to bee sayde most specially at the houre of death.

O LORD Iesu Christ, which art the health of all men liuing, and euer-

lasting

lasting life to them that be-
læue in thæ, and dye in thy
faith, I wretched sinner
giue ouer and submit my
selfe wholy vnto thy most
blessed will, I being sure by
the promises of thy worde,
and the pledge of thy spirit,
that the thinge cannot pe-
rish which is committed to
thy mercie. In full persua-
sion whereof, O Lord giue
me grace, that willingly I
may leaue this fraile and
wretched flesh, in hope of

the resurrection, which in most perfect manner shall restore it mee againe. And further I beseech thee most mercifull Lord, that thou wilt by thy grace make strong my soule against all temptations. And that thou wilt so cover and defend mee with the buckler of mercie against all assaultes of the Diuel, that he may not any manner of way prevaile vpon me. I see and acknowledge, there is in my selfe no

hope

hope of ſaluation, but all my confidence, hope and truſt is in thy moſt mercifull goodnes, I haue no merites nor good workes at all which I may any manner of way alleadge before thée: ſinnes and euill workes, alas I ſée a great, yea an innumerable and infinite heape: notwithſtanding through thy mercie I truſt to be in the number of them to whom thou wilt not impute their ſinnes, but take

and accept me for righteous and iuſt, and to be the inheritour of euerlaſting life in and by the obedience of thy ſonne, and my Sauiour, who was borne for my ſake, who did ſuffer both hunger and thirſt for my ſake, who did both preach and teach for my ſake, who did pray and faſt for my ſake, who did all good workes and deedes for my ſake, who ſuffered moſt grieuous and painfull torments for my ſake, and finally,

finally, who gaue his moſt precious body to dye, and bloud to bee ſhed vpon the croſſe for my ſake.

Now therefore moſt mercifull Sauiour, I humbly beſeech thee, which haſt giuen thy ſelfe for mee to make all theſe things, and euery other grace of thine, which thou haſt freely giuen me, profitable to me, and powerfull in me: Let thy bloude cleanſe mee, and waſh away the ſpottes and foule-

nes of my ſinnes. Let thy righteouſnes hide and couer my vnrighteouſnes, by the merits of thy paſſion and bloud which I acknowledg to be the onely price of ſatiſfaction for my ſins & offences. Strengthen me ſo good Lord, by thy grace, that my faith and ſaluation in thy bloud wauer not in me, but may euer bée firme and conſtant: Lord let not the hope of thy mercie and life euerlaſting euer decay in mee, but

but let it alwayes reſt and be felt powrefully in me, and that euen to and in the laſt gaſpe. And graunt further I pray thee, that charitie ware not cold in me: finally, that the weaknes of my fleſh bee not ouercome with the feare of death, or any other temptation whatſoeuer. Yea graunt me mercifull Sauiour, I humbly beſeech thee, that, when death hath ſhut vp the eyes of my bodie, yet that the eyes of

my ſoule may ſtill beholde and loke vpon thée, and may aſſuredly fæle thée in my ſelfe, for my ſelfe, to bee the mightie conqueror of death and the deuil, ſinne and hell, and all other enemies of mine whatſoeuer; ſo that when death hath taken away the vſe of my tongue and ſpæch, yet that my heart may cry and ſay vnto thée: O Lord, into thy hands I giue and commend my ſpirit.

Lord Jesus, receiue my soule vnto thee. Amen.

The prayer of Salomon for to obtaine wisedome. 1, King. 2.

THOV hast shewed, Lord, vnto thy seruant Dauid my Father, great mercie, when hee walked in thy sight in truth, and iustice, and in vprightnes of heart with thee. Thou shewest vnto him thy great mercie, and gauest him a sonne

sonne, sitting vpon his throne, as it is at this day. And now, Lord God, thou hast made thy seruant to raigne in the roome of Dauid my Father. I am a very babe, and know not how to goe out and in. And thy seruant is in the middest of an infinite number, which thou hast chosen, which cannot bee numbred nor counted for multitude. Wherefore giue to thy seruant an heart apt to bee taught, and

full

full of vnderstanding, to iudge thy people, that I may discerne betweene good and bad. For who is able to iudge this thy mightie people.

A prayer for obtaining of wisdome. *Sapient.* 9.

GOd of our fathers, and Lord of mercie, thou hast made all things with thy word, and ordained man through thy wisedome, that hee should haue dominion

ouer

ouer the creatures which thou hast made, that hee should order the world according vnto equitie and righteousnes, and execute iudgement with a true heart, giue mee wisedome, which is euer among the children of Israel. For I thy seruant, and sonne of thy handmaide, am a feeble person, of a short time, and too young to the vnderstanding of thy iudgements, and though a man bee neuer so perfect

perfect among the children of men, yet if thy wisedome be not with him, he shall be nothing worth: Oh send thy wisedome out of thy holy heauens, and from the throne of thy Maiestie, that she may be with me, and labour with me, that I may knowe what is acceptable in thy sight: for she knoweth and vnderstandeth all things, and she shall conduct me right soberly in all my workes, and preserue mee

in

in her power, so shall my workes bee acceptable. Amen.

A prayer for a competent liuing. *Prouerb.* 30.

TWo things Lord I demand, that thou wilt not deny mee vntill I dye: vanitie and words of leasings remoue farre from me, pouertie or riches giue me not: onely giue me that is necessarie for my liuing, least being in full abundance,

dance, I might be prouoked to dente thée, and say, Who is the Lord? or being compelled by necessitie, I might steale and forsweare the name of God.

Another Prayer.

GOd Lord God and sweéte Sauiour Iesus Christ, the sonne of the euerlasting God, grant vnto me most fraile sinner, and miserable wretch this grace and mercie, that I may euer

haue present before the eyes of my soule, thy holy life, thine example and behauiour, and that according to any measure of mercie thou hast bœn pleased, or shalt be pleased to bestowe vpon me: I may in liuing and manners follow the same. And cause mee good Lord to profite, grow, and increase therein to such a notable measure, as may be acceptable vnto thæ, being thine owne grace, and comfortable

to

to my selfe, as comming from thée for the saluation of my soule. Lighten Lord, and make cleere and bright my heart, with the glorious light of thy grace, that it euer may goe before mee, and follow mee in all my acts, so that by thy grace and power conducing and guiding, I may accomplish and fulfill al that may please thy goodnes, and vtterly eschue and auoide all, that in any wise should displease

the same. Vouchsafe sweete Sauiour, I beseech thée, to direct and order all my cogitations and thoughts, all my speech and wordes, all mine acts and déedes in thy law and commaundements, in thy monitions and counsels, and take me good Lord wholly so vnto thée, that here in all things doing thy will, I by grace may bee one of the soules that thou hast appointed to euerlasting saluation thorough Christ

Christ Iesus. Amen.

A deuout prayer to our Lord God.

O LORD which hast vouchsafed of thy vnspeakeable goodnes to make me, and ordaine me thy creature to liue in this transitorie life, giuing me a reasonable soule by the which inlightned with the truth of thy word, I know thee to be my Lord, my God, and my maker, which also I may

in some sort well perceiue by the visible sight of thy wonderfull workes, as by heauen, the earth, and the creatures in them contained together with the commodities & blessings ẏ we daylie receiue by them at thy hand, all which declare the great loue that thou hadest in our first creation, and also doe expresse the singular care and prouidence, that yet still thou hast for vs, and further doe declare to vs, thée

to

to be the only God and Lord ouer all, and that there is none aboue thée, and that there is no wisdome, knowledge, power, or strength of value besides thée: and yet further also thou knowing our necessarie nède, of thy holy, of thy most louing fauour, hast not disdained to say to me, and to other thy people by thine owne most blessed word, to the great comfort of all our consciences: Aske, and it shall bee

giuen: ſéeke, and yee ſhall finde: knocke, and it ſhall be opened to you. And yet for further declaration of thy great loue toward vs, haſt moſt familiarly ſayde, If we that be euill, can giue vnto our children when they aſke good things: how much more then ſhall our heauenly Father giue his holy ſpirit to them that earneſtly deſire it. What a ſweete and comfortable ſaying is this? In confidence

of

of this truth, O most blessed Lord, I wretched sinner, doe aske at thy hands mercie and grace, confessing my selfe to bee a most wicked and abominable sinner in thy sight, most weake of all other to stand to or in thy truth, most fraile to fall, and readie to breake all thy holy commandements: by the keeping of which, we are knowne to bee thy true seruants. O most mercifull Lord God, I acknowledge my

my selfe daylie and heurely to breake the same: but where I haue thus offended thy diuine Maiestie, I humblie for Christ Iesus sake aske of thee mercie and forgiuenes, minding by thy most mightie assistance neuer hereafter to offend in the same. And Lord, that I may bee the better perswaded of the assured performance of the same, I humbly aske, and desire thy strength continually to

make

make me ſtand faſt in faith: thy knowledge and power from thee to worke thy bleſſed will: thy might to reſiſt all errour and wicked imaginations: thy wiſedome to know the truth. For I confeſſe and knowe, O Lord, that all worldly wit, policie, knowledge and ſtrength, is but foliſhnes in thy ſight. Therefore I aſke and continually craue, good Lord, that helpe, and moſt humbly deſire that thy holy ſpirit may

may guide all the imaginations, thoughts, and desires of my heart, not onely altering in me my fleshly minde, but also inabling me in body, soule, and spirit, to serue thy blessed maiestie: for this I know the most perfect amongst men, lacking thy wisedome are nothing worth. And great reason, because the thoughts of mortall men are miserable, and our forecastes are vncertaine. And why? Our

nature

nature ſurely is ſo vitiated, and our will ſo depraued, and our vnderſtanding ſo corrupted, that it muſeth moſt, yea altogether on vaine things. Therefore good Lord, I beſeech thée comfort my ſicke ſoule, that it may walke in thy lawes and wayes, and worke thy will. And Lord like as thou knowest the ſecrets of my heart, and the deſires of the ſame, and ſéeſt indéede that I would verie earneſtly walke

walke in thy trueth, and worke the workes of the same truth: so Lord I beseech thee refresh my soule according to thy mercifull calling, where thou saidst, Come to me all that labour and are laden (and lowly of heart) and you shall finde rest to your soules, and I shall refresh you.

O Lord, I miserable sinner would gladly labour in acceptable wayes, and haue some care that my good

will

will and desire might not swarue from thee, but be wholy bent towardes thée, and like as thou knowest the same to bee vnfained in mee because it is thine owne worke: So Lord refresh me with thy mercifull grace, that now and for euer I may bée stedfast in the true faith, and that I may be alwayes obedient vnto thy lawes and commaundements, and that I may neuer swarue from the holy

and

and blessed ordinances of thy true and catholike Church, which is thy spouse, and for the most part speaketh thy words of truth and life, but that I may vse them, receiue them, and honour thée in them so farre forth as they concerne thy worship, and are according vnto thy most holy will and pleasure, as in things which thou hast left to declare thy loue vnto vs, and by them to assure our hops, and to exercise

exercise our faith, that it should not bee idle nor wauering: whereunto howsoeuer I bee prone, thorough the corruption of my nature, and Satans malice against me (as I am on the other side vnwilling and vnable to doe that which is good) yet O Lord sith all things are possible with thee, though they seeme neuer so vnpossible to vs, help and reach out thy most mightie and mercifull hand.

O most louing father I know that by my sins, I am not worthie thy blessed comfort: nay I am most worthie to be depriued of that and all other fauours: but Lord sith thou hast said, that in what houre soeuer a sinner doth repent him of his sins, thou wouldest no more remember them; and also thou wouldest not despise the sighing of a contrite heart, I am bold in confidence and trust of thy mercie

cie meekly and with a lowly heart to call to thée for grace and helpe in this troublous time of temptation, and trying of our faith. I am as one laden, yea ouer laden with ignorance, not knowing the height of thy heauenly misteries, nor the deceitfull deepnes of the craftie and subtill arguments and perswasions of my ghostly enemies, which daylie doe assault my sinfull soule, and so burden the same that it

can finde no reſt. Therefore O Lord, like as thou knoweſt my will and heartie deſire is to ſerue thée notwithſtanding theſe ſuggeſtions within me and without me, and that I haue a deſire to liue and dye in thy moſt holy faith: ſo Lord I beſéech thée, neuer ſuffer the ſubtill perſwaſions contrarie to thy truth to take place or rote in my heart. But like, Lord, as thou haſt created my heart, and giuen me in

ſom meaſure a will to or-
der the ſame according to
thy bleſſed will: ſo Lord I
humbly yéeld the ſame a-
gaine into thy hands, de-
ſiring thée by thy holy ſpirit
ſo to direct my wayes,
words, and workes, that
now and alwayes they may
be accepcable in thy ſight.
And good Lord, ſuffer not
my ſoule to periſh, which
thou haſt bought ſo dearely
with thy moſt precious
bloud, for the which great

mercie ſake, of thine here-
tofore ſhewed vnto mee,
haue mercie on me continu-
ally, and mak mee poore in
ſpirit, and low of heart, and
content with my vocation,
ſubmitting my ſelfe wholy
into thy hands, ſo that my
deſire may bee to thy will,
and that no deſire remaine
in me, but onely to doe thy
will and pleaſure : And
grant I beſæch thæ that
I may haue none other
truſt but only in thæ, which
art

art onely to be trusted, and all trust it selfe, and none besides thée. Graunt further O Lord, that my poore soule may rest in thée, yea in thée alone, for thou hast sayd, they shall neuer be confounded that put their trust in thée: which trust Lord graunt me neuer to forsake, for any vaine trust, or temptation, or tribulation that may any manner of way fal out to vere my poore soule: but graunt me thy holy spirit

to comfort and defend mee from all things that should procure thy displeasure. As thou art in Trinitie one God and Lord ouer all, which liuest and raignest world without end. To thee bee all honour, glorie, and praise for euer. Amen.

A prayer that wee may haue the feare of God before our eyes in all our doings.

O Almightie, and euerlasting God, thy holy word

word teacheth vs, that thou art not onely a father, but also a Lord, not onely a forgiuer, but also a reuenger, not onely a Sauiour, but also a iudge: and as thou being a father, a forgiuer, and a Sauiour, doest pardon and shewe mercie; so thou being a Lord, a reuenger and a iudge, punishest and condemnest. Neither doth thy holy scripture onely set forth vnto vs a Gospell which comforteth vs, quick-

neth

neth vs, sheweth vs glad and ioyfull tidings, forgiueth our sinnes, and quieteth our consciences, and bringeth vs vnto euerlasting life: but also a law which reproueth, accuseth, condemneth vs, woundeth and slayeth our conscience, yea, and throweth vs downe headlong into the dæpe dungeon of hell. And as the holy Gospell lifteth vs vppe and maketh vs glad with the hope of remission, and

for

forgiuenes of our sinnes: so doth the lawe plucke vs downe, and almost driue vs vnto desperation for feare of thy plagues, and euerlasting punishments: so that we not onely loue thee, as a father, a forgiuer, a Sauiour, but also feare thee as a Lord, a reuenger, a iudge. For asmuch therefore, O most gracious God, and merciful Sauiour, and most righteous iudge, as this doth so mightily put away sinne, and

and make vs to walke in the way of thy commaundements, namely, reuerently to feare thee, and to stand in awe of thy iudgement and heauie displeasure: we most entirely pray thee to giue vs that feare which thou requirest of vs thy children in thy holy scriptures, and whereunto thou hast promised, so many large and bounteous blessings: that we may not onely loue thee as a Sauiour, honour thee

as

as a father, but also reuerence thée as a Lord, and feare thée as a iudge. But yet with that feare and reuerence good Lord, that belongeth to children, and not to slaues, otherwise it will do vs small good.

O Lord, all things are open to thy eyes, neither is any thing hid from thée, which séest the very secrets and most inward thoughts of our hearts. Giue vs therfore grace, that in all our enter-

enterprises, we may euer set thée, and thy feare before our eyes, and so stand in awe of thée and of thy righteous iudgement, that we attempt nothing whereby wee should prouoke thy heauie displeasure against vs, but so walke in thy feare, and thy holy ordinances, that we may at all times loue thée as a most gracious Sauiour, honour thée as a most louing father, reuerence thée as a soueraigne

Lord,

Lord, and feare thée as an vpright, yet most mercifull iudge. So shall it come to passe, that wee reuerently fearing thée, as a childe doth his father, shall not onely auoyde all such euils, as might make thée our heauie Lord and fierce iudge: but also embrace those vertues, which shall both euidently declare our faithfull loue, true honour, vnfained reuerence, and humble feare towards thee, and also

cause

cause thée that art our lo-
uing Father, and most mer-
cifull Sauiour, through
Iesus Christ our Lord, to
acknowledge thine owne
grace in vs, and to crowne
it at the length with euerla-
sting glorie, through Christ
Iesus. Amen.

A prayer against the enemies of Christs truth. *Psal.* 140.

DEliuer mee, O Lord from the vngodly, and stifnecked persons, for thou séest.

ſæſt bolwe in their hearts they imagine miſchiefe, and haue great pleaſure to picke quarrels: their tongues be ſharper then any adders ſting, and vnder their lips lyeth poyſon of adders: but O mercifull Lord, let mee not fall into their hands, leaſt they handle mee after their owne luſts.

Thou onely art my God, that muſt heare my piteous plaints, Lord, that ruleſt altogether, that art the

strength and power of my defence, be thou as a helmet vpon my head, whersoeuer the vngodly shall assault me, and suffer thou not the wicked thus to prosper in their matters. Suffer not their cankred and malitious stomackes to increase and spightfully to reuile me.

Looke vpon thy poore wretches cause, and rid mee out of these daily greuances: then shall I with an vpright heart, and pleasant

countenance, extoll and magnifie thy holy name. Amen.

A prayer to keepe the tongue and to eschew the affectiō of the world. *Psal.* 141.

TO thee I cry, O Lord, heare mee speedily: let my prayer bee as a sweete taste and sauour in thy presence, and the lifting vp of my hands as an euening sacrifice.

Lord set a watch before

my mouth, kæpe my lips, and my tongue alſo that they ſpeake nothing amiſſe, as doth the vngodly, who can ſpeake nothing ſaue euill; but that they call purely and heartily vpon thæ, and report thy worthie praiſes.

Bow not my heart to laſt after euill, nor to follow the faſhion of the wicked, and abominable ſinners, leaſt I happen to cloake my wickednes with other

other sinnes, as hypocrites doe. Let me not liue as they would haue mee to doe, but rather as it shall best please thee. Let mee not approue their counsailes, nor their deedes, though they carry neuer so godly a shew, and faire face to the world. Let me not hearken to the enticing and sweete baits of the vngodly, which counsaile me to filthie and vncleane thinges, but rather let mee giue good eare to the righte-

ous and godly man, though
hée sharpely correct and
chide me. Let me alwayes
haue a readie eye towardes
thée, onely in thée to trust
alway and to apply my selfe
vnto thée continually. Cast
not away my soule, neither
suffer it to perish: keepe me,
that I be not tangled with
the snares of the vngodly:
and from the priuie traps
of malitious persons saue
me: deliuer me, O Lord,
through thy grace, for in all

our

our owne deuiſes and worꝛkes, can nothing bee found ſure foꝛ vs to truſt vpon.

A Prayer of the Church againſt ſinne. *Sapi.* 15.

THou, O our God, art ſwéete, long ſuffering, and true, and with mercie ordereſt thou all things, foꝛ if wée ſinne, yet are wée thine, becauſe though ſinne in it one nature ſeparate betwéene thée and vs, yet doth

thy goodnesse surmount all iniquitie: so excellēt I know thy greatnes to bee. And if we sinne not in so high a measure (for otherwise who liueth and sinneth not?) yet are wee sure that with thee wee are allowed, for to know thee, is perfect righteousnes, and power is the roote of immortalitie.

In

In the time of warres, a prayer of King Asa. 2. *Paral.* 14.

LORD, it is all one with thée, to helpe them that haue nède, with fewe, or with many: helpe vs, O Lord our God, for we trust in thée, and in thy name we be come against this multitude, thou art the Lord our God, let no man preuaile against thée.

A Prayer for keeping of a good name.

THAT wise man which was priuie of thy secrets, O heauenly Father, taught vs, that an honest name is a treasure right precious when he saith: better it is to haue a good name, than precious oyntments. But this so excellent and good thing, wee neither can get, but by thy goodnes; nor keepe, but by thy grace, aide and

and helpe. Now surely the well and fountaine of a good name, is a faultles life: this therefore in especiall, wee demaund and craue of thée, O Lord almightie, and that for Jesus Christs sake. Yet neuertheless, for as much as oftentimes, innocencie and faultlesse liuing is not ynough, neither yet a sure buckler, and defence, namely against such as vnder their lippes beare the poyson of serpents: yea and oftentimes

tentimes, it hapneth that when wee suppose to be among our trustie friends, we dwell as Ezechiell did amongst scorpions and venemous serpents, we crie with thy holy prophet, O Lord deliuer my soule from wicked lippes, and a guilefull tongue. But if neuertheleſſe it seeme good to thee, to exercise vs thy seruants also in this affliction, to the intent they may bee better brought to godlines before thee,

thée, and bée bettered in this world, then graunt we pray thée, that with Paul thy most valiant champion, wee may by reproch & glory, by infamie and good name, abide still in thy commaundements, through Iesus Christ, which also himselfe (when he walked here on earth) was reuiled, slandred, euill spoken of, and called to his face a Samaritane, a wine drinker, a deceiuer of the people, and one that ha-

had a diuel, and yet the same now raigneth with thee in glory, whither also wee beseech thee, in good time to bring vs, and that together with the rest, whom thou hast put apart to euerlasting blessednes through Christ Iesus. Amen.

A Prayer against worldly carefulnes.

O Most deare and tender father, our defender and nourisher, endue vs with

with thy grace, that wee may cast off the great blindnes of our minds, and carefulnes of worldly thinges, and may imploy our whole studie and care in kéeping of thy holy lawes: and yet that wee may trauaile and labour, for our necessities in this life, like the birdes of the aire, and the lillies of the field, without carefulnesse: for thou hast promised to be carefull for vs, and hast commanded that vpon thée, wée

we ſhould caſt all our care, which liueſt and raigneſt world without ende. Amen.

A Prayer againſt the diuel.

IEſu Chriſt our Lord, which by the mouth of thy holy Apoſtle S. Peter didſt ſay, that our aduerſarie the diuell goeth about like a roaring lyon ſeeking whom hee may deuour, wee know the truth of this by our owne experience, and feele

ſéele that hee is buſie and fierce and breatheth in vpon vs: ſo that if thou helpe not, hee will ſoone deceaue vs with his craft, ouerturne vs with his might and with his crueltie teare vs in péeces. But if thou which haſt vanquiſhed him wilt appeare, but as it were a farre off, thou wilt make him afraide, and with thy onely looke, put him to flight.

Vouchſafe (O Lord) to

receiue vs into thy tuition, being but infants, weake, feeble, and vnskilful, lest the fierce and cruell beast all to teare vs: yea, giue vs grace alwayes, not onely to beare before vs the sworde of the spirit in our sight, and to carrie it in our hands, but also couragiously to vse it, as from thee, that so our enemies may well know that we doe our busines by thy counsaile, aid, and strength and in thy power may bee

put

put to flight, to thy glorie, and our euerlasting comfort through Christ. Amen.

A thankes-giuing vnto God for all his benefites.

WE verie humbly in Christ thanke thée, O heauenly Father, for thy manifold and inestimable benefits, which thou hast giuen to vs, both for our soules and bodies, yea, and that freely of thine owne goodnes not onely without,

but contrarie to our deser-
uing. We thanke thée, that
it hath pleased thee of thy
great mercie, first, to cre-
ate and make vs according
to thine owne image and
likenes, and to place vs in
ioyfull Paradise, where we
should haue continually re-
mained in a blessed and quiet
state, if through the subtile
and deceitfull suggestions
of Satan, our old enemie,
we had not transgressed thy
holy commandements. We

thanke

thanke thee also, O most gentle Father, for thy louing kindnes, which thou shewedst to vs, when wee were all perished and lost through the sinne of our first parents Adam and Heua.

For when thou mightest iustly haue condemned vs, and cast vs into perpetuall damnation, thou like a father of singular great loue hadst pitty on vs, and sauedst vs by the death and passion of thy welbeloued

ſonne our Lord and ſauiour Ieſus Chriſt, who gaue himſelfe a ranſome for all our ſinnes, and payed a ſufficient price by his pre-cious bloud, for all the wic-kedneſſe that wee at any time heretofore haue com-mitted, or hereafter ſhall commit through our frailtie and weakenes, ſo that wee beléeue thy promiſes, and repent and amend our liues. Neither waſt thou thus contented, that hee onely

should die for our sinnes, but also diddest raise him vp againe for our iustification, and to make vs righteous in thy sight. Moreouer after that he had shewed himselfe vnfainedly to liue to his Apostles, by manifest and euident tokens certainelie through the power of his Godhead hee ascended vp into heauen, perfect God and perfect man, where he now sitteth on thy right hande, and maketh intercession for

vs, being our alone mediator and aduocate: from thence we looke for him to come againe at the day of iudgement, not as a fearefull Iudge to condemne and cast vs away, but as a most louing Lord and gentle Sauiour, to carry vs with him into euerlasting glorie, there world without end to remaine in such ioyes, as eye hath not seene, nor eare hath not heard, nor yet any heart

is

is able to thinke.

For these thy most bountious giftes, and for all other thy benefites which thou daylie giuest to vs of thy great mercie, both for our body and soule, wee humbly thanke thee, most mercifull Father, beseeching thee to giue vs grace through thy holy spirit, not to bee either vnmind full of them, or vnthankefull for them, but to walke worthy of this thy kindnes, and so behaue

behaue our selues all our life time in this wretched world, according to thy holy will, that at the last day we may bee found in the number of them, to whom thy onely begotten soone shall say, Come ye blessed of my father, possesse the kingdome prepared for you from the beginning of this world. Lord let it so come to passe euen for Christ Iesus sake. Amen.

A deuout Prayer to bee daylie ſayd.

O Almighty and eternal God which vouchſafedſt that wee (as it were) heauenly children, ſhould euery one of vs call thee our heauenly father. Grant that among vs by purenes and example of innocent life, thy moſt holy name may bee ſanctified, that all other nations beholding our goodneſſe, and vertuous liuing

uing that thou workest in vs, may bee stirred to hallow and glorifie thée. Grant (O Lord) that the kingdome of thy grace and mercie in this life may so rule and raigne continually in our hearts, that we may bee by thée accepted and accounted, as worthie in Christ to bee partakers of thy kingdome of glorie and maiestie, in the life to come. Grant that vnto the very death, yea and in death it

selfe

ſelfe alſo, wee refuſe not to
follow thy diuine will, but
that wee accoꝛding to the
eꝛample of the celeſtiall ci-
tizens, agréeing together
quietly, vnited in ſpirit, all
controuerſie in opinions
contrarie to thy holy truth,
being laide apart, and the
luſt of the fleſh being ſub-
dued, and the flattering aſ-
ſaults of the woꝛld and the
diuell ouercome, we may
willingly, faithfully, and
conſtantly, obey thy bleſſed
will

will in all things. Graunt O Lord, for our bodie such a measure of necessarie and needefull sustenance, that thereby we may be the better enabled, more freely and chearefully to serue thee, and abound in all good workes, towards thy saints and seruants here vpon earth, knowing that our goodnesse reacheth not to thee, but to the excellent that are in the world, whom wee beseech thee make vs more

more and more to delight in, and to loue for thy sake.

Giue me grace, O Lord, not onely patiently to beare and suffer our enemies, and such as hate vs, together with the iniuries, which they doe lay vpon vs, making good vse of them, for thy glorie and our instruction, but also vnfaignedly to forget and forgiue, whatsoeuer they haue deuised, say or done against vs euen as wee our selues would gladly

gladly obtayne at thy mer-
cifull hands, and fæle in our
selues the frée pardon and
full forgiuenesse of all our
transgressions. And for such
temptations to euill, as
from the corruption of our
nature arise vppe in our
hearts, giue vs grace first
clearely to discerne and
discouer them; then cou-
giously to stand vp against
them, and soundly to loath
and leane them, that we bée
not in the strength of them,

as

as it were in the middeſt of a violent tempeſt, carried headlong into ſinne, and by meanes thereof into euerlaſting deſtruction.

Eſpecially ſtrengthen vs (good Lord) againſt the ſuggeſtions of Satan, whoſe maruellous malice, wilie ſubtilties and verie great power againſt vs, wee are not ignorant of: as not vnacquainted neither with our owne weakenes and diſability to withſtand:

What say wee? more with our proneneſſe and readineſſe to yeeld: and therefore cannot but in both theſe reſpects, againe and againe intreate thee, that art the God of our ſtrength to cauſe thy grace to bee ſufficient for vs and in vs, and to make thy power perfect through our infirmitie, that ſo hauing fought valiantly, and mightily ouercome through thy ſtrength, wee may through thy goodneſſe and

and mercie, for euermore liue with thée, in that heauenly citie, where and against which, as also against such citizens of thine, as are gathered into it, no manner of temptation shall assayle, much lesse be able to preuaile, and there for euer haue the full fruition of celestiall delectation, not only accompanied with Angels and blessed Saints, but enioying the most comfortable sight of thy glorious

countenance, in whose pre-
sence is the fulnes of ioy, and
at thy right hand there are
pleasures for euermore,
which vouchsafe vnto vs, for
Iesus Christs sake thy dere
sonne, and our all and on-
ly sufficient Sauiour. A-
men.

Another Prayer to our Lord God.

O Heauenly Father,
God almighty, I pray
and beseech thee in mercie,
graciously

graciously to behold me thy vnworthie seruant, that I may, by the giftes of thy holy spirit, feruently desire thy kingdome, and by the light of thy word, may soundly knowe thy will, and faithfully worke and walke thereafter. Giue mee, O Lord, wisedome, euen the wisedome that is from aboue. Make mee constant in thy truth, patient in tribulation, and strong in thee vnto the ende. Keepe mee

Lord, from the sleightie in-
uasion of the olde wily ser-
pent. Defend mee from the
counsalles and cursings of
euill tongues. Let thy
mightie arme bee my con-
tinuall shield against all
the malignity and mischiefe
of this wicked world: Re-
member not Lord my offen-
ces: instruct and prepare
me to repent, and teach mee
to be truly sorrowfull for
my sinnes. Make me to loue
iustice and hate wrong, to

doe

doe good, and abſteine from all euils, that ſo the fruits of my faith, may pledge vp to my conſcience, that thou haſt graciouſly called me to be thy child. To thée therefore bée glory and honor for euer and euer. Amen.

A deuout Prayer.

HEarken Lord to my wordes, conſider the thoughts of my heart. Behold how loud I cry to thée, Let my iuſt prayer enter

into thine eares, which vn-
fainedly commeth from my
heart. Heare me Lord, for
I am poore and destitute of
mans helpe. Take care for
my soule. Saue me thy ser-
uant which wholy trust in
thee. Haue mercie vpon me,
O Lord, for I will neuer
cease crying to thee for help,
for thou art mild and more
mercifull, than my tongue
is able to expresse, yea than
my heart is able to thinke.
As often as aduersitie as-
saileth

ſaileth me, I will crie and call for helpe vnto thée: I will call vpon thée in the day-time, and in the night my cry ſhall not bee hid from thée; O thou God of the heauens, maker of the waters, and Lord of all creatures, heare me a poore ſinner calling vpon thée, and putting my whole truſt in thy mercie, haue mercie vpon me, O Lord God, haue mercie vpon mée, and for thy manifold mercies

ſake

ſake forgiue mee all my offences. Amen.

A prayer for meekenes and chaſtitie.

O Lord, thou father and God of my life, let mee not haue a proud looke, but turne away all voluptuouſnes from mee. Take from mee the luſtes of the body, let not the deſires of vncleanenes take hold vpon me, and giue me not ouer into an vnſhamefaſt and obſtinate mind. Amen.

A prayer of Esay in the 6. and 64. Chap.

LOrd looke downe from heauen, and behold from thy holy habitations, and from the seate of thy glorie: where is thy strength: where is the plenteous rich multitude of thy mercies: are al these hardned against vs: verily thou art our Father: Abraham now knoweth vs not, nor Israel knoweth vs not, but thou Lord

Lord art our father, thou art our redeemer, thy name is from the beginning. Wherefore hast thou made vs Lord to erre from thy wayes: hast thou hardned our hearts least wee should feare thée: Turne thee to thy promise made to thy ser uants, for the tribes of thy heritage: for few of thy people haue enioyed the possession of their land, and that but a little while. Our enemies haue spoyled thy holy

place, and troden it vnder
fæte. And wee were regar-
ded so vile, as if thou hadst
neuer bæn Lord ouer vs, as
though thy glorious name
had neuer bæn called vpon
by vs, and shewed ouer vs.
I would that thou wouldest
all too breake the heauens
and come downe once, that
these hilles might melt a-
way at thy presence, like
as at a hot fire, and that the
malicious might boyle a-
way, as doth the water vp-
on

on the fire, that thy name might be knowne to thy enemies, and these vngodly might bee shamed and troubled at thy presence. When thou wroughtest for vs marueilous things, then we looked not for them: thou camst downe, and the hilles walked away with trembling before thy face, and from the beginning hearde they not, nor perceiued with their eares, neither with any eye was there

ſæne any beſides thee, that wrought ſuch maruellous things, and that to men, which waited not for thée: ſometime thou méetest with them that gladly did righteouſneſſe, and thought vpon thee in thy wayes. But now Lord, thou art angry, becauſe wee are ſinners, and euer haue bén in ſinne, although wee were deliuered from perils. And all we are wrapped in filthie vncleanneſſe, yea all our righteouſnes

ouſnes is ſpotted like the cloathes of a méſtruous woman, and all wee are taken away like leaues, and our iniquities haue carted vs away like a whirle-winde, and there is none left that will call for helpe in thy name, and not one that will riſe vp and holde thée with prayer, for thou haſt hid thy face from vs, and haſt dzied vs vp in the hand of our iniquitie. But now Lord thou art our Father, wee are but,

clay

clay, and thou art our pot-
ter, and all wee are the
woꝛks of thy hands, bee not
angry, O Lord, foꝛ euer,
and remember not all our
wickednes. Loe, beholde
we beſæch thee, all wee are
thy people, the cities of thy
holy places are foꝛſaken,
Syon is turned into a de-
ſert, Ieruſalem is deſolate,
the houſe of holines and
prayer and of our glory, in
which our fathers praiſed
thee, is turned into an heape

of fire and all things that we delighted in, into a wilderness. Wilt thou, Lord, be auenged of these things: Wilt thou holde thy peace, and scourge vs euer so grieuously:

Before the receiuing of the Sacrament, say thus.

LOrd, although I be not worthy to receiue thee into the house of my soule, for mine innumerable offences and sinnes done against thy

thy great goodnes, yet truſting in thy great pity, and infinite mercie, I come to receiue thy bleſſed body, not groſſely and carnally as the blinde ſuppoſe, but ſpiritually and by faith, together with all the fruits and effects of thy ſufferings, yea as a ſicke creature to thee, that art the health of life: vncleane to thée, that art the well of mercie and holynes: blinde by ignorance to thee, that art the light

euerlasting: needy of grace and power, yea of will to any good thing to thée, that art the King of heauen and earth and worketh therein whatsoeuer pleaseth thée: naked of good works, to thée, that art the author of all grace. I come as a wretch to thée my Lord and maker, all desolate and comfortles, to thée my refuge and succour, for besides thée there is no consolation. I come as a sinner to thée, that art

the

the mediator betweene God and man. I come as a caitife to thee my most mercifull Sauiour. I come all sinfull to thee, granter of remission and pardon: I that am dead by sin, come to thee, the restorer of life, euill to thee, that art all goodnesse: hard hearted, to bee relieued by the infusion of thy superaboundant grace: desiring thee to heale mine infirmitie and sicknes, to wash away my sinne and filthines, to

lighten my blindnes, to re-
duce me to the right way,
when I am out thereof, to
comfort me desolate of good-
nesse. Haue mercie on my
wretchednesse, pardon my
sinfulnes, giue me the light
of grace thus buried in sin,
that I may receiue thee to
be the spirituall foode and
nourishment of my soule:
and that with such chastitie
of body, with such purenes
and cleannes of soule, with
such contrition of heart,
and

and abundance of weeping teares, with such spirituall ioy and gladnes, with such dread and reuerence, with such strong faith, stedfast hope and vnfeigned charitie, with such obedience and humilitie, with such loue, deuotion, faithfulnesse, and thankefulnesse, as it is beseeming for such a Lord to be entertained and receiued withall, and that to the comfort of my conscience in this life, and my endlesse

ſaluation at the laſt.

And be not diſpleaſed good Lord, that I a ſinner, with an vncleane heart, and polluted minde, (or ſure I am not ſo ſanctified outwardly and inwardly, as were fit) come hither this day to receiue the bleſſed ſacrament of thy precious body and bloud, by a liuely faith: but remember merciſull Lord, that thou refuſedſt not the ſinfull Magdalene being penitent, from the kiſſing of

of thy moſt bleſſed fæte. And in likewiſe deſpiſe mee not, ne put thou me away as vnwoꝛthie, from this bleſſed Sacrament, foꝛ my ſinnes and vnkindnes, though I confeſſe thou maiſt iuſtly doe ſo, and doe me no iniurie: but graunt thou mee godly ſoꝛrow of heart, plentie of vnfaigned teares, to teſtifie vnto my heart, the waſhing away of my ſinnes and wickednes: ſo that with a pure heart, and cleane

conſcience, I may this day come to, and be partaker of the holy Communion, to thy glory and the comfort of my ſoule and conſcience, whileſt I receiue therein an effectuall pledge of euerlaſting life, with all holy ſaints in heauens glory, and of the fellowſhip of thy people in this preſent life, theſe things being wrought in mee, by thy holy ſpirit inwardly, as well as offered vnto me by the outward and

and visible elements. Grant mee blessed Jesu, so reuerently and religiously to receiue the Sacrament of thy flesh and blood, that thereby I may assuredly feele my selfe incorporated into thy Church, as a sound member of thy body here on earth: and though as yet I be not meete or fit, by reason of my filthinesse, to bee numbred among the simplest and lowest of thy seruants, but rather to be reiect for my sinful-

sinfulnes: yet good Lord, of thine infinite power I knowe thou canst, and of thy singular goodnesse I hope thou wilt, and therefore am also the more bold humbly to intreate thee, to make me equall, and like to thine elect and chosen seruants.

Come thou father of the fatherles, come comfort of the comfortles, come I beseech thee, and cleanse my soule from contagiousnes of

of ſinne : for it is not conuenient, and according, that there ſhould bee any vncleannes, where thou then, the fountaine of all true holines, yea holines it ſelfe, ſhouldeſt come in and dwel. Come therefore good Lord, and apparell my ſoule and body both with ſuch ornaments of vertue and grace, that it may delight thee therein to abide.

And as thou diſdaineſt not to touch the ſore Leapers

pers with thy holy hands: so good Lord vouchsafe to annoynt my sinfull soule with the oyntment of remission and pardon of sinnes, and so to replenish it with strength and power against sinne, and to fill it with ability to doe good duties, that in this life, by stedfast hope, firme faith, and vnfeigned charitie, I may so encrease in vertue from day to day, that I may attaine to the glorious fruition of thy

thy Godhead in the kingdome of heauen, where I may see thee face to face, world without ende. Amen.

After the receiuing of the Sacrament, say thus.

I Thank thée, good Lord, of thine infinit goodnes for ỳ this day ỳ hast vouchsafed to feed me with thy blessed body in this holy Sacrament of thine, and that by a liuely faith, thou hast made me

a fruiteful partaker thereof, humbly desiring thee, further to graunt, that this thy blessed Sacrament, which I haue receiued, may bee powerfull in mee, to lessen in me, and purge from mee the power of my particular iniquities, and to fit mee to all good workes of blessed obedience, yea make it in me a fortitude, and a spirituall strength against my frailtie, a sure defence against worldly troubles and aduersitie,

aduersitie, a sure seale of grace and pardon: a medicine of life, and a continuall remembrance in my minde and heart of thy blessed passion, so that in the way it may conduct and guide me, and when I am out of the way, it may reduce mee: when I stumble, it may vpholde mee, and when I am falling, it may raise me: so that by this and other gracious helpes that thou hast ordained, and by good con-

tinuance, and daily growth in the obedience of thy will I may be brought to euerlasting glorie. And during my life vpon earth, vouchsafe so to order the tallage and taste of my heart, that I neuer feele other swœtenes but thee, that I neuer seeke other but thee, that I care not for any other delight but thee, neither that I regard any other honor but thine. And giue me such a sound loue towards thee, and

and in thee, and for thee, towards my brethren, that in it, I may continually and comfortably feele, that I am translated out of darknes into light, and be well assured, that thou wilt graciously deliuer mee from all tribulations of body and soule, captiuitie, anguish, and perils, together with all the elect and chosen. Amen.

A deuout Prayer

O My Lord Iesu, with al my mind, with all my might I do laude thee, and praise thee for thine innumerable benefites which thou hast shewed vnto mee heretofore, and shewest daily: but alas, good Lord, sure I am of this, that I cannot praise thee as I would, and as my dutie requireth: wherefore I meekely beseech thee, both to accept this my

my bounden dutie and ser-
uice, and also to supplie and
fulfill mine insufficiencie,
so that thy absolute right-
ousnesse and obedience may
for mee be acceptable before
thy father, and may to mee,
and in me, bee comfortable
to my soule. O swéete Iesu,
I loue thée as my God, my
maker, and my redéemer:
what though I loue thee
not so feruently, as I ought
to doe: yet I humbly beséech
thée, to accept me according

to that I haue, and not according to that I haue not, and the rather, because that I haue, is thine. Which I pray thée so to acknowledge and daylie more and more increase, that my peace in thee, and loue towards thée, may more and more abound. O sweete Sauiour heare me herein: euen so be it.

The

The complaint of a penitent sinner, which is sore troubled and ouercome with sinnes.

O Lord God mercifull and patient, and of much mercifulnesse and truth, which of thy abundant charitie, and according to thy great mercie, hast taken vs out from the power of darknes, and hast saued vs by the fountaine of regeneration, and new birth,

and the renewing of the holy Ghost: whom thou hast shed vpon vs aboundantly by Iesus Christ our Sauiour.

If I haue found grace and fauour in thy sight, suffer me to speake a word vnto thée, and be not displeased with me.

Why dost thou euer forget me, and leauest me in the midst of my troubles and euils?

Where is become thy zeale

zeale and ſtrength? where is the multitude of thy tender affections, and of thy mercies?

O Lorde, may not hee which is fallen, riſe vp againe? Or may not hee which hath gone away from thee, returne vnto thee againe?

Shall my ſorrow euer indure? ſhall my wound be vncurable and neuer healed?

How commeth it to paſſe, that

that I ſtill turne away from thee, ſurely Satans malice and mine owne corruption carie me violently. But ſtay me O Lord, and turne me, yea cauſe me to turne, for of my ſelfe I cannot returne.

Inaſmuch as it is not giuen to man to direct his owne wayes, neither to make perfect his owne proceedings.

For in thy hand is the life of euery liuing thing:

and

and the ſpirit alſo of euery man.

Thou ſhewest thy mercy to whom thou wilt, and thou art gracious to them, whom thou fauoureſt.

Thou doeſt kill, and thou doeſt quicken, thou leadeſt downe to Hell gate, and bringeſt vp againe.

Thy eyes beholde the wayes of euery man, and thou ſearcheſt the hearts of men.

There is no place ſo ſe-

cret

cret or darke, wherein sins may hide themselues from thee.

For any man may so lurke and hide themselfe in Caues, but thou shalt see him, which doest fulfill both heauen and earth in euery part.

Why hast thou cast me away from thy presence, and takest me for thine enemie:

Why hast thou layd vpon my head the heauie

weight

weight of my ſinnes, ſeeing no man is able to beare thy diſpleaſure?

What meaneth it that thou ſheweſt thy power againſt a wretch? why deſtroyeſt thou me for the ſins of my youth?

If I haue ſinned, what ſhall I doe to thee? and if my ſins be encreaſed, what ſhall I doe?

If I do iuſtly, what ſhal I giue to thee? or what ſhalt thou receiue at my hand?

My

My wickednesse shall hurt my selfe, and my righteousnesse shall not profit me.

The life of man is a temptation vpon the earth, and if I haue sinned (as all men haue) what may I doe?

Shall any man be found cleane and without sinne before thee? or shall any man bee without fault in his deedes?

How may a mortall man

be

be pure of ſinne in thy ſight: or how may hee which is borne of a woman, be righteous?

Remember, O Lord, I beſeech thee, that thou haſt made me of the earth, and that thou ſhalt bring mee againe into the duſt of death.

My dayes paſſe and banish away like ſmoke, they waſte daily, there is no tarying.

My life flieth as the winde,

winde, and considereth not that which is good.

I was but lately borne in this world, and shortly I shall be taken away hence by death, I never continue still in one state.

The dayes of my life bee few, and short, thou hast appointed an end, which I shall not passe.

Naked and bare I came out of my mothers wombe, and naked and bare I shall returne againe, truly all men

men liuing are but vanitie.

Haue pitie O Lord, on them that are in miserie, and despise not the workes of thy hands.

Though we sin, yet are we vnder thee, for we know thy power and strength: and if we sinne not, then are we sure that thou regardest vs.

Cease thy indignation, O Lord, and turne it from mee: and cast all my sinnes

behind thy backe.

Take away thy plagues from mee: for thy punishment hath made mee both feeble and faint.

For when thou chastisest a man for his sinnes, thou causest him by and by to consume and pine away.

Whatsoever is delectable in him, perisheth like vnto the cloth that is eaten with moaths.

Would God I had one to defend me a while, vntill thy

thy anger were turned a-way, or that thou wouldest remember me.

I am cleane cast away from thy presence: shall I neuer hereafter see thy face againe?

Beholde I haue opened the griefs of my soule, the day of my sorrowes haue taken me.

The flouds of tribulation compasse mee round about, and the streames of thy fury run ouer me.

And I cry vnto thée, O Lord God, but thou hearest me not: I aske mercie, but thou reiectest my prayers.

Why thrustest thou downe a poore wretch from thy presence? or why forsakest thou mee so long time?

Why takest thou not away mine iniquitie? and why pluckest thou not away the wickednesse of my heart?

Arise and tary no longer,

O Lord, arise, and reiect me not for euer.

Haue mee in remembrance I beseech thee, for I throughlie tremble and shake for feare.

Yet will I not holde my tongue, but cry still vnto thee with a mourning and an heaule heart.

Turne away the stroke of thy vengeance from me, and bring my minde out of troubles into rest.

I am here no long con-

tinuer, but a pilgrime and a ſtranger, as all other mortall men be.

And what is man that thou ſhouldeſt bee angrie with him? or what is mankinde, that thou ſhouldeſt bee ſo heauie Lord vnto vs?

What, wilt thou bring ſorrow vppon ſorrow? I pant for paine, and finde no reſt.

My ſorrow grieueth me, when I ſhould eate, and ſodaine

daine ſighes ouerwhelme my heart.

I am as if my bones were all to broken, when I heare my enemies raile vpon me, and ſay to mee day by day where is thy God?

Why turneſt thou thy face from theſe thinges, O Lord, why haſt thou no regard of my trouble?

I earneſtly make my prayers daily in thy ſight, and the heauines of my hart I doe ſhew vnto thee.

My spirit is carefull and troubled within mee: and desperation hath entred into my heart.

Is it thy pleasure, O Lord God, to cast away thine own handie workes?

Deliuer my soule from corruption, and my life from euerlasting darknes.

What auaileth it mee, that euer I was borne, if thou cast mee straight into damnation: seeing that the dead shal not praise thee, nor any

any of them which go down to hell:

I haue sinned, what shal I doe to thee: why hast thou put me to be contrarie to thee: I am wearie of mine owne selfe.

Why searchest thou out my sinnes so narrowly: when there is no man that can escape out of thy hands:

If I would say that I were righteous and without sinne, then thou mightest

teſt worthily condemne me to the fire prepared for the diuell and his angels.

But I confeſſe that I am a ſinner, and doe humble my ſelfe here in thy ſight.

Surely if a man would ſtand with thee in iudgement, he ſhall not bee able to anſwere one word to a thouſand things wherewith thou mighteſt charge him.

This maketh me to feare

all

all my deedes, knowing that thou sparest not him that offendeth.

If I looke vppon thy power, O how mightie and strong art thou? If I shall call for iudgement, who shall defend my matter, or speake for me?

To thee O Lord, I call and crie, to thee my God I make my humble sute.

Turne away thine anger from mee, that I may know that thou art more

mercifull

merciſull to mee than my ſinnes deſerue.

What is my ſtrength that I may endure? or what is the ende of my trouble, that my ſoule may patiently abide it?

My ſtrength is not a ſtony ſtrength, and my fleſh is not made of braſſe.

There is no helpe in my ſelfe, and alſo my ſtrength flieth away from me.

Although thou hide theſe things in my heart, yet I know

know that thou wilt remember me at length.

For thou art true and iust, O Lord God, thou doest not condemne vniustly, which rewardest man according to his deserts.

All this is come vnto me because I haue forgotten thee, and not vsed myselfe truely in thy testimonies.

My heart hath turned backeward, and I haue followed

lowed the desires of my flesh.

And thou hast surely knowne this thing, which knowest the secrets of the heart.

Lay not against mee, O Lord, the sinnes of my youth: nor haue in remembrance my old iniuries done against thee.

Daily sorrow ouercommeth me, and sadnes possesseth my heart.

I looke after peace, but I cannot

cannot haue it: I looke for a time of health, but my griefe continueth still.

When the time of thine anger is past, let mercie come, yet am I vnhappie more and more.

Woe and alas that euer I sinned: my heart therefore mourneth and is sad, al mirth and ioy is vanished from me.

How am I wasted? how miserably am I confounded, because I haue forsaken and

and cast away thy law.

Death hath ascended by the windowes, pearcing the inward parts of my heart

When I daily one while muse secretly with my selfe: another while with loud voyce crye out and complaine, the meane time my life draweth neere to the pit.

Who shall give mee a place to rest in, from all my griefes and troubles?

And

And I will forsake all men and get away from them.

Who shall giue me water to my head, and a fountaine of teares to mine eyes, that I may bewaile my sinnes both night and day?

And I will looke for him which may saue me, and deliuer me from the wrath to come.

I haue no trust neither in life nor death, but I feare

thy iudgement, O Lord, and the paines prepared for sinners.

The feare of my sinne maketh mee carefull: and the burden of my conscience oppresseth me sore.

O God which tenderly loueſt mankind, and art a moſt righteous Iudge, ſpare mee now I beſeech thee, and ſhewe mee ſome fauour while time is. Forgiue that which I feare, put away that which I dread.

dread, before I depart hence and shall not returne againe.

My sinnes doe vexe and trouble mee sore, they bee so great that none can be greater.

Alas my fall, alas my miserie, alas the griefe of my plague, and stroke: certainly my sinne is the cause of all this, and so I will take it, and suffer it.

A Pſalme in which he giueth thankes to God, that his enemies haue not gotten the vpper hand of him.

I Will magnifie and praiſe thee, O Lord God, for thou haſt exalted me and ſet me vp, and mine enemies haue not gotten the vpper hand of me.

O Lord of hoſts I haue cried vnto thee, and thou haſt ſaued me.

Thou haſt brought my ſoule

ſoule out of hell: thou haſt holden mee vp from falling into the déepe Lake, from whence no man returneth.

Thou haſt not cloſed me vp in the hands of mine enemies: but thou haſt ſet my féete in a place both wide and broade.

I haue ſought thée, and thou haſt heard mee, thou haſt brought me into libertie out of great diſtreſſe.

Thou haſt turned my ſorrowe into gladnes, thou

hast ceased my mourning, and compassed mee round about with mirth.

Thou hast declared thy great magnificence in helping thy seruant.

Thou hast done mervailously with me in my miseries.

Thou hast regarded the paine of the poore: thou hast not turned away thy face from me.

I will bee singing and speaking of thy mercies: and

and I will publish to other thy fidelitie and truth, so long as I shall liue.

My mouth shall neuer cease to speake of thy righteousnes, and of thy benefits: which be so many, that I cannot number them.

But I will giue thee thankes till death take mee away, I will sing in the praise of thée, so long as I shall continue.

I will triumph and reioyce in thy mercie, for thou

hast looked vpon my necessities, and regarded my soule in distresse.

Thou hast beene my sure refuge, and the strength of my trust and hope.

I thanke thee Lorde of thy goodnesse alway: and for thy exceeding mercie.

Thou hast ben my comfort in the time of my trouble, thou hast been merciful vnto me, O Lord, and hast reuenged the wronges that mine

mine enemies haue done to me.

According to the multitude of the heaule thoughts that I had in my minde, thy comforts haue cheared and lightned my heart.

Thou hast sent me now ioyes, for the dayes wherein I was in sorrowe, and for the yeares in which I suffered many a painefull storme.

Thou hast called to remembrance the rebuke that thy

thy seruant hath beene put to, and how furiously mine enemies haue persecuted me.

O Lord God of hosts, who may bee compared vnto thee? thou art great, and greatly to be praised.

Thou art high vpon all the earth, thou art exalted far aboue all gods.

Glorie and honor is before thy face: holines, and magnificence is in thy Sanctuarie.

With

With iustice and iudgement thy royall throne is established, mercie and trueth goe before thy face.

Blessed art thou, O Lord, which hast not holden backe thy mercie from thy seruant.

After that I had long looked for thee, O Lord, at the last thou didst attend vpon mee, and hearedst my crye.

Thou hast taken me out of the Lake of miserie, & set my

my fæte vpon a rocke, and made my steps sure:

Thou hast giuen me my desire, I haue sæne thy ioyfull countenance.

Thou hast striken all my aduersaries, and hast abated their strength.

Thou hast rebuked the rablement of them that vexed me, and hast plucked me forth of their hands.

Thou hast cast them headlong into their owne pit, their fæte bee wrapped in

in the net which they laide priuily for me.

Mine enemies are recoyled backe, they are fallen downe and destroyed from thy sight.

Thou hast been the poore mans defence, and his helper in tribulation, when most nede was.

Thou hast executed iudgment for me: thou hast defended my cause against mine accusers.

And although thou were very

very angry with mee a little, yet now I liue through thy mercie and goodnes.

Verily I supposed with my selfe that I was cleane cast out of thy fauour.

But thou hast heard my prayers and according to thy great mercie hast taken me againe into thy fauour.

O Lord of thine owne mindo and will thou hast giuen strength vnto my soule but when thou hidest thy face from me, O Lord, how

how greatly astonied was I:

When I was in aduersity, then I cried vnto thee, and thou didst aunswere me: When my soule was in great anguish and trouble, then O Lord, I remembred thee.

I haue tasted and seene how sweet thou art: truly blessed is the man that trusteth in thee.

According to thy name, so is thy commendation and

and praise, but thy counsailes touching vs, be without example, and greater then with wordes can bee expressed.

Dominion, power and glory be thine, for thou hast made all things, and because thy will is so, they doe still continue.

Thy name bee blessed, praised, and magnified both now and ever, world without end. Amen.

A

A Psalme of the benefites of God with thankes for the same.

MY soule praiseth thee, O Lord, and all that is within me, praiseth thy holy name.

My soule giueth thee humble thankes, and thy benefites I will neuer forget.

Which forgiueth all my sinnes and healeth all mine infirmities.

Which hast saued my life from destruction, and shewed in me thy grace and mercie.

Which hast satisfied my desire with good things, and shall once restore my youth againe.

Thou hast intreated me mercifully at all times, and hast reuenged me of my enemies.

Thou hast been a defence to me O Lord, and a sure foundation of my wealth.

Then

Thou hast guided mee with thy counsaile, and taken me vnto thee through thy mercie.

Thou hast many wayes declared in mee thy great might and power, and after thy anger hath bene past, thou hast turned again, and comforted me.

Thou hast sent me many grieuous troubles, but at the length thou hast brought mee out of the bottomles deepenes.

Thou hast made me prone to thy wayes, & hast not hid thy counsails from me.

Thou art full of mercy and grace O Lord, slow to wrath & readie to goodnes.

Thy displeasure lasteth not alway, and thou keepest not backe thy mercies in thine anger for ever.

Thou rewardest vs not after our sins, nor punishest vs according to our deserts.

Looke how high the heauen is in comparison of the earth,

earth, so great is thy mercy towarde vs.

How far as the East is distant from the West: so far, O Lord, remoue our sinnes from vs.

Like as a naturall father hath pitie vpon his children, euen so, O Lord God, thou hast had compassion vpon vs.

Thou hast not forgotten thy creature, thou remembrest that we are flesh, yea all men liuing are vanitie.

And that the age of man is like vnto grasse, and may be compared to the flowers of the field, which as soone as the sharpe winde hath blowne vpon them with his blasts, wither away, and die: so that no man can tell where they did grow.

But thy mercie O Lord, and louing kindnes is alwaies vpon them that feare thée, and thy righteousnes endureth for euer.

So that we kéep our pro-

mise,

mise, and couenant with thée, and so remember thy commaundements that we doe them indeede.

O Lord thou hast stablished thy throne in heauen, thou gouernest al things by thy imperiall power.

I will magnifie thee, O Lord, and laud thy name world without end. I will giue thankes alway, & make thy name glorious for euer.

O Lord thou art puissant and great, and thy magnifi-

cence is vnsearchable.

One generation shall shew to another thy workes, and they shall declare thine ancient noble acts.

They shall euer praise the magnificence of ỹ glory of thy holines, and the memorie of thy great goodnes. For thou art good and gracious to al men, & thy mercy excéedeth all thy workes.

The eyes of all things beholde and waite vpon thee, that thou shouldst giue thē their

their sustenance in time conuenient.

Thou openest thy hand, and fillest euery liuing creature with food necessarie.

O Lord thou art righteous in all thy wayes, and holy in all thy deedes.

Thou keepest all them that loue thee, and the torment of malice shall not touch them.

My mouth shall speake thy glory and praise, and all liuing creatures shall honor thy

thy holy name for euer.

Praise our Lord, O yee his angels mighty in power which doe his commaundements, and obey the voice of his word.

Praise yee altogether God, O al ye hosts, you his ministers that doe his will and pleasure.

Praise our Lord as I do, and let vs magnifie his name together.

Praise our Lord, O ye al his saints, for his name is glorious.

glorious, and his praise aboue heauen and earth.

Praise our Lord together, O ye al his workes, euery thing that liueth, praise our Lord. Amen.

The complaint of a sinner.

MY God, my God, why hast thou forsaken mee? it seemeth that I shall not obtaine deliuerance, though I seeke it with loud cries.

My God, I will cry all the day long, but thou wilt not

not answere, and all the night long, without taking any rest.

The meane time, thou most holiest, seemest to sit still, not caring for ỹ things that I suffer, which so oft hath helped mee heretofore, and hast given to thy people Israel sufficient arguments and matter to praise thee with songes, wherewith they haue giuen thankes to thee for thy benefites.

Our forefathers were wont

wont to put their truſt in thée, and as often as they did ſo, thou diddeſt deliuer them.

As oft as they cryed for helpe to thée, they were deliuered, as oft as they committed themſelues to thée, they were not put to ſhame.

But as for mee, I ſéeme rather to be a worme than a man, the dunghill of Adam, the outcaſt of the vulgar people.

As many as haue ſéene me haue laughed me to ſcorne, and

and reuiled me, and shaking their heades in derision at mee, haue cast mee in the teeth saying:

He is wont to boast and glory that he is great in fauour with God, wherefore let God now deliuer him, if he loue him so well.

By thy procurement, O Lord, I came out of my mothers wombe and thou gauest me good comforte, euen when I sucked my mothers breastes.

Through

Through thy meanes I came into this world, and as soone as I was borne, I was left to thy tuition, yea thou wast my God when I was yet in my mothers wombe. Wherefore go not far away frō me: for danger is euen now at hand, & I see no man that will help me.

Many bulles haue closed me in, both strong and fat, they haue compassed mee round about.

They haue opened their mouthes

mouthes against mee, like vnto a lyon that gapeth vpon his praye, and rageth for hunger.

I am powred out like water, and al my limmes losed one from another: and my heart is melted within mee as it were ware.

Al my strength is gone & dried vp like to a tilestone, my tongue cleaueth to the rofe of my mouth: & at the last, I shall be buried in the earth, as the dead be wont.

For

For dogges haue compassed me round about, and the most wicked haue conspired against me, they haue made hoales through my hands and my fæte.

I was so vngently intreated of thē, that I might easily number al my bones: and after all the paine and torment that they did to me with grieuous countenāce, they stared & loked vpō me.

They deuided my clothes among them, and cast

lottes for my coate.

Wherefore Lord I beſeech thée, goe not far from me, but for as much as thou art my power and ſtrength, make haſt to helpe me.

Deliuer my ſoule from danger of the ſworde, and kéepe my life deſtitute of all mans helpe, from the violence of the dog.

Saue me from the mouth of the Lyon, and take mee from the hornes of the Vnicornes.

I will shew vnto my brethren the maiestie of thy name, and when the people be most assembled together, I wil praise & set foorth thy most worthy acts & deedes.

And all that worship our Lord, praise him, all the posterity of Jacob magnifie him, al ye that be of ỹ stocke of Israel with reuerence serue and honor him.

For he hath not despised and set at naught the poore man, because of his miserie,

neither hath he disdaineful-ly turned away his face from him; but rather as soone as the poore man cryed to him for helpe, hee heard him by and by.

I will praise thée with songs openly in the multi-tude of thy people, and will performe my vowes in the sight of thē that honor thée.

The poore shall eate and be satisfied, they shall praise our Lord that studie to please, and as many of you as

as continue still such, your hearts shall liue.

All the ends of the world shall consider these things and be turned to our Lord, and all heathen nations shal submit themselues, and doe homage vnto thee.

For our Lord hath a power royall, and an imperial dominion ouer the heathen.

The most mightie and greatest of all them that dwell on the earth haue eaten, and after that they haue

tasted the spirituall giftes of our Lord, they haue submitted themselues, and made humble suite vnto him: yea and all the dead which are buried in the earth, shall kneele and make reuerence in his honour, because hee hath not disdained to spend his owne life for them.

They that shal come after vs, shall honor & serue him.

These things shall bee written of our Lord: that our posteritie may know and

and vnderſtand them.

That they alſo may come and ſhew theſe things to the people that ſhall be borne of them, that our Lord hath done theſe things which be ſo marueilous.

A Pſalme of thankeſ-giuing.

REioyce and ſing in the honor of God, all yee that liue on the earth.

Worſhip and ſerue our Lord with gladnes, come vnto his ſight and preſence

with ioy and mirth.

Acknowledge you, and confesse that our Lord is that God which hath created and made vs: for truly we made not our selues, but we bee his people and his flocke, which he nourisheth and fœdeth continually.

Go ye through his gates to giue him thankes for the innumerable benefits which ye haue receiued of him, and to sing through his courtes his worthy acts and deedes, praise

praise him, and highly commend his name.

For our Lord is both good and gracious, and his mercy is infinite: he is most constant in keeping of promises, not to one generation onely, but euen to all.

A Prayer for the night.

O Lord God and my heauenly father, for as much as by thy diuine ordinance, the night approcheth and darknes beginneth to ouerwhelme the earth,

earth, and time requireth that wee giue our selues to bodily rest and quietnes: I render vnto thée most harty thanks for thy louing kindnes, which hast vouchsafed to preserue me this day frō the danger of mine enemies to giue mee my health, to féede mee and to send mee al things necessarie for the comforte of this my poore and náedy life, I most bumbly beseech thée for Jesus Christs sake, that thou wilt mercifully

mercifully forgiue mee all
ỳ I haue this day committed
against thy fatherly good-
nes, either in word, déede, or
thought, and that thou wilt
vouchsafe, to shadowe mee
this night vnder the com-
fortable wings of thy al-
mightie power, and defend
mee from Sathan, and from
all his crafty assaultes, that
neither he nor any of his mi-
nisters haue power ouer ei-
ther my body or my soule:
but that although my body

through

through thy benefit enioy-
eth swæt and pleasant slæp,
yet my soule may continual-
ly watch vnto thée, thinke
of thée, delight in thée, and
euermoze praise thée: that
when the ioyful light of the
day returneth accozding to
thy godly appointment, I
may rise again with a faith-
ful soule, and vndefiled body
and so afterward behaue my
selfe all my life time, accoz-
ding to thy blessed will and
commaundement, by casting

away

a
n
n
seen
there
riste thée
ther, which
begotten Son, I
our onely Sau
swéete comforter, liuest
raignest one true and eu
lasting God, world wih-
out end. Amen.

FINIS.